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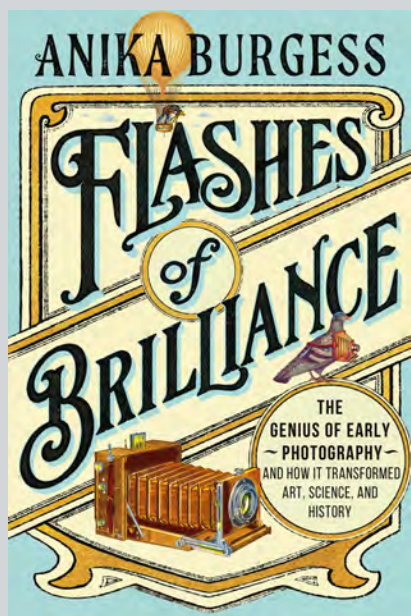
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NORTON

NEW TITLES





Flashes of Brilliance

The Genius of Early Photography and How It Transformed Art, Science, and History

Anika Burgess

The story of the wildest experiments in early photography and the wild people who undertook them

August | £25.99 | Hardback

ISBN 9781324051107

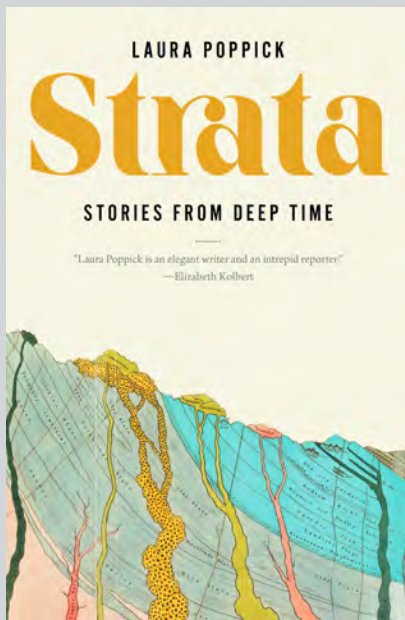
160 x 236mm | 336 Pages

100 black-and-white and 25 colour photos | PHOTOGRAPHY

Anika Burgess is a freelance photo editor working regularly with *The New York Times*. Previously, Burgess worked as a visual editor at *Atlas Obscura*. She lives in New York.

Today it's routine to take photos from an aeroplane window, use a camera under the sea or gaze at an X-ray. But the innovations more than a century ago that made such things possible were incredible and sometimes dangerous, and the innovators often memorable eccentrics. In this absorbing mix of science, art and social history, Anika Burgess describes early aerial photography experiments with balloons, kites and pigeons; reveals how photographers first captured the surface of the moon, the bottom of the sea and the structure of snowflakes; recounts the race to photograph motion and how it led to moving pictures; and delves into photography's social effects.

Richly illustrated and filled with fascinating tales, *Flashes of Brilliance* shows how the rise of a new art form transformed culture and our view of the world.



Strata

Stories from Deep Time

Laura Poppick

A lyrical journey through four moments in Earth's past and their lessons for our future

August | £20.00 | Hardback

ISBN 9781324021605

163 x 236mm | 288 Pages

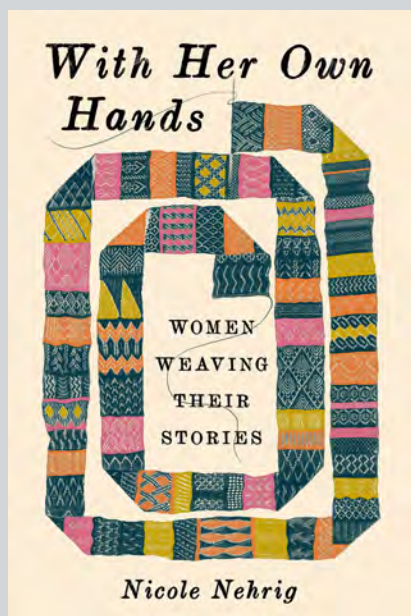
5 black-and-white

illustrations | SCIENCE

Laura Poppick is a science and environmental journalist whose writing has appeared in *The New York Times*, *Smithsonian*, *Scientific American*, *Wired*, *Audubon*, *National Geographic*, *Science* and elsewhere. She has been listed as a finalist for the National Association of Science Writers Science in Society Journalism Award and the Maine Literary Awards Short Works Competition in Nonfiction, amongst others. She lives in Portland, Maine.

The epic stories of our planet's 4.54-billion-year history are written in strata—ages-old remnants of ancient seafloors, desert dunes and riverbeds striping canyon walls and cliffsides all around us. These layers of rock help geologists piece together how our planet became the place we know and gather context for modern change.

In *Strata*, Laura Poppick travels across the globe to show us how to decipher these primeval plotlines. Digging into four moments of transformation that shaped Earth and made our lives possible—from the first accumulations of oxygen in the atmosphere to the deep freeze of “Snowball Earth”, the rise of mud on land and the dinosaurs' reign on a hothouse planet—we see how the arc of geologic time bends toward stability. Beautifully grounding and laced with awe, *Strata* unveils the wisdom and hope for our times these rocks can hold.



With Her Own Hands

Women Weaving Their Stories

Nicole Nehrig

A rich and intimate exploration of how women have used textile work to create meaningful lives, from ancient mythology to our current moment

September | £25.00 | Hardback

ISBN 9781324074854

152 x 229mm | 288 Pages

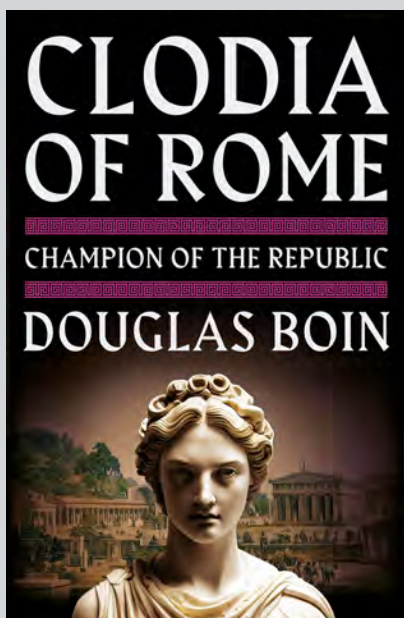
8 pages of colour

illustrations | SOCIAL SCIENCE

Nicole Nehrig is a clinical and research psychologist, and a passionate knitter and textile crafter living in Brooklyn, New York. She holds a PhD in clinical psychology.

Psychologist and knitter Nicole Nehrig delves into the myriad ways that art forms such as knitting, sewing and embroidery are liberating for women. Spanning continents and centuries, Nehrig brings together remarkable stories of women, from an eighteenth-century Quaker boarding school that used embroidered samplers to teach girls maths and geography to the Quechua weavers working to preserve and revive Incan traditions today, and from the Miao women of southern China who pass down their histories in elaborate “story cloths” to a mid-century British women’s postal art exchange. Throughout history, textiles have been a way for women to explore their intellectual capacities, seek economic independence, create community, process traumas and convey powerful messages of self-expression and political protest.

With Her Own Hands is a celebration of women who have woven their own stories and created objects of beauty and significance.



Clodia of Rome

Champion of the Republic

Douglas Boin

A thrilling new history of the late Roman Republic, told through a woman's quest for justice

September | £22.00 | Hardback

ISBN 9781324035671

152 x 229mm | 272 Pages

12 illustrations | HISTORY

Douglas Boin is a professor of history at Saint Louis University and the author of *Alaric the Goth*. His essays have appeared in *Time*, *The New York Times*, and *The Washington Post*. He lives in Austin, Texas, with his husband.

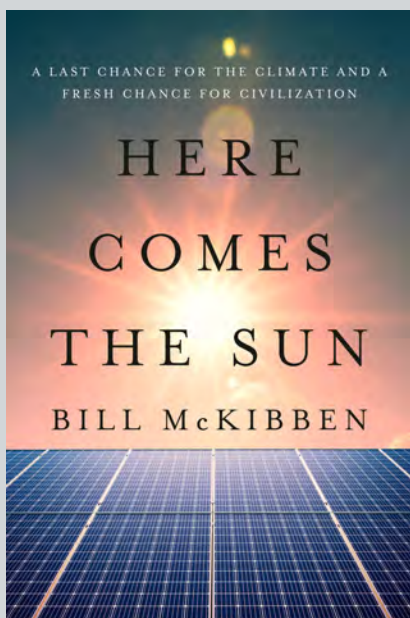
A pioneering political voice, with charisma and power that rivaled many of her male contemporaries, Clodia of Rome was a pivotal figure in the late Roman Republic until a murder trial, rife with corruption, catalysed her fall from grace. Taking readers inside the courtroom to follow the trial and Clodia's family's tumultuous political history, Douglas Boin brings a modern perspective to a long-buried story, full of juicy details and fascinating anecdotes. With numerous examples of the surprising roles that Roman women played, followed by the attempts of powerful men to erase their stories, Boin challenges the male-dominated narrative of classical antiquity. *Clodia of Rome* offers a new understanding of the radical modernity of first-century Rome—one that mirrors our own in its volatile conflicts between forces of change and those of reaction.

- Douglas Boin's *Alaric the Goth* (9780393867510) was praised as:

"Superb" — *The Economist*

The Best Books of the Year 2020: History, *The Economist*

"...a finely crafted account of how Alaric became the embodiment of Rome's self-defeating fear of the world outside its frontiers." — Philip Parker, *Literary Review*



Here Comes the Sun

A Last Chance for the Climate and a Fresh Chance for Civilization

Bill McKibben

From an acclaimed environmentalist, a call to harness solar power and rewrite our scientific, economic and political future

September | £22.00 | Hardback

ISBN 9781324106234

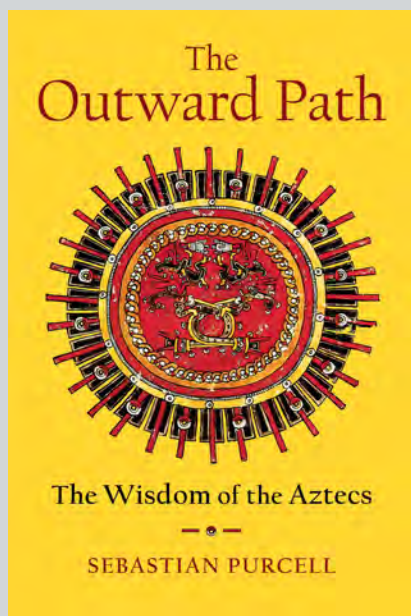
140 x 210mm | 224 Pages

SCIENCE

Every eighteen hours, the world puts up a nuclear power plant's-worth of solar panels. At the same time, combustion continues to melt the poles, poison our bodies and drive global inequality. It is no longer necessary: for the first time in 700,000 years, we know how to catch the sun's rays and convert them into energy.

Bill McKibben is the author of more than twenty books, including the bestsellers *The End of Nature*, *Faltn* and *Deep Economy*. Founder of Third Act, a project organising people over sixty for progressive change, he lives in Vermont with his wife, the writer Sue Halpern.

In *Here Comes the Sun*, Bill McKibben tells the story of the spike in power from the sun and wind. McKibben traces the arrival of plentiful, inexpensive solar energy, which, if it accelerates, gives us a chance not just to limit climate change's damage but to reorder the world. Getting there means overcoming obstacles like Big Oil, but McKibben sees a chance for a new civilisation that looks to the sun as the star that fuels our world.



The Outward Path

The Wisdom of the Aztecs

Sebastian Purcell

A practical and eye-opening guide to the Aztec philosophy on how to live

September | £23.00 | Hardback

ISBN 9781324020561

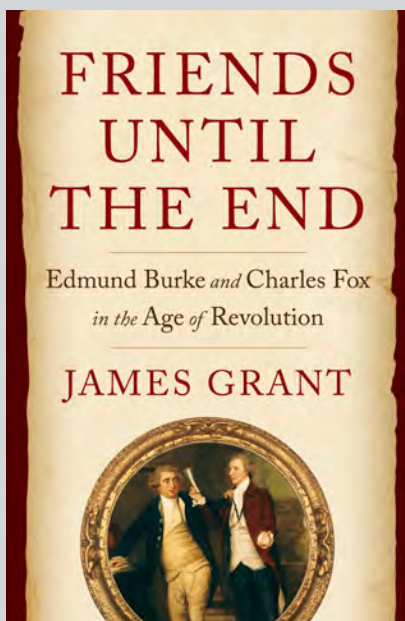
140 x 210mm | 304 Pages

8 images | PHILOSOPHY

Sebastian Purcell is an award-winning associate professor of philosophy at SUNY-Cortland in New York, where he researches ethics, Aztec philosophy and mathematical logic. He resides in Binghamton, New York.

The Aztecs were a philosophical people who held that the top goal in human life is not happiness but the pursuit of what they called 'neltiliztli': a life in truth. Our world, they maintained, is a "slippery" one—a place where it is easy to make mistakes and be unwell. A true life avoids slipping by pursuing a communitarian solution, beginning with the formation of relationships and growing deep roots and later moving inwards to still the mind. This outside-in approach is the outward path.

In *The Outward Path*, Sebastian Purcell carves out a place for Aztec philosophy in popular culture, alongside the ancient Greeks, the Stoics and the Buddhists. He also presents "spiritual exercises" in their rich historical context and makes rootedness an achievable, practical goal for modern readers.



Friends Until the End

Edmund Burke and Charles Fox in the Age of Revolution

James Grant

A lively dual biography of the two great English orators of the eighteenth century, who cultivated a friendship across their political differences

September | £35.00 | Hardback

ISBN 9780393542103

152 x 229mm | 496 Pages

8 pages of colour

illustrations | BIOGRAPHY & AUTOBIOGRAPHY

James Grant founded *Grant's Interest Rate Observer*, a financial markets journal, and authored *Bagehot* and *The Forgotten Depression*, which won the Hayek Prize. His writing has appeared in the *Financial Times* and *The Wall Street Journal*. He lives in Brooklyn, New York.

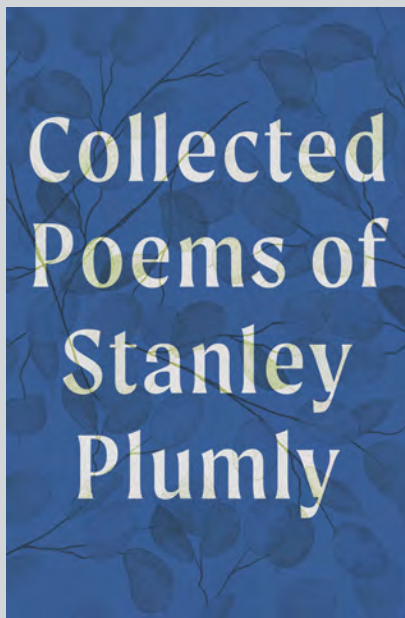
Edmund Burke and Charles Fox made common political cause in eighteenth-century Britain for twenty-five years: they supported the rebellious American colonies, attacked the British slave trade, defended religious liberty and attempted to shield Britain's credit from the crisis-prone East India Company. The two men were an improbable pair. But the hard-drinking, mistress-collecting Fox loved and admired Burke, feelings that the clean-living political philosopher and statesman warmly reciprocated. They moved together in the London intellectual world, opposing what they regarded as the overreaching crown. *Friends Until the End* traces Burke and Fox's relationship through three events: the American Revolution; the impeachment of the East India Company's governor-general; and the French Revolution, which ended their political union and shattered their friendship.

With panache, James Grant illuminates the politics and economics of their era and its lessons for our divided present.

- James Grant's *Bagehot* (9780393358285) was praised as:

"[...] a superb prism through which to observe the extraordinary revolution in the British economy during the 19th century." — Simon Nixon, *The Times*

"[An] engaging new biography of Bagehot..." — *Financial Times*



Collected Poems of Stanley Plumly

Stanley Plumly, Edited by David Baker and Michael Collier

The definitive collection of one of the most celebrated poets of his generation and a master of the lyric poem in its richest, most flexible registers

September | £29.99 | Hardback
 ISBN 9781324105930
 156 x 235mm | 480 Pages
 POETRY

Stanley Plumly (1939–2019) was the author of numerous collections of poetry including *In the Outer Dark* (1970), winner of the Delmore Schwartz Memorial Award, and *Out-of-the-Body Travel* (1978), nominated for the National Book Critics Circle Award. Plumly was a Distinguished University Professor at the University of Maryland as well as Maryland's poet laureate from 2009 to 2018.

David Baker has received honours from the Poetry Society of America, Guggenheim Foundation and Theodore Roethke Memorial Poetry Foundation. He lives in Granville, Ohio.

Michael Collier is a former director of the Bread Loaf Writers' Conferences and professor emeritus of English, University of Maryland. He lives in Maryland.

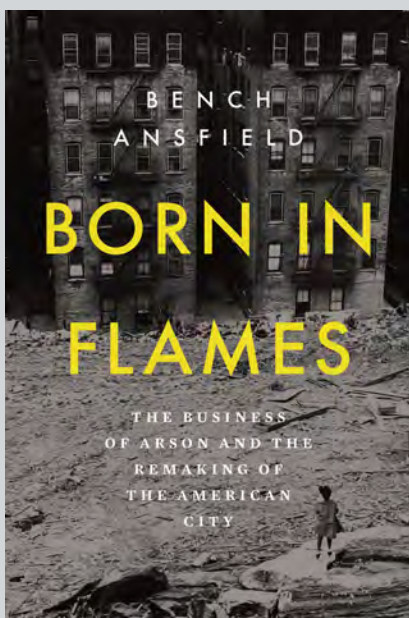
Born in 1939, Stanley Plumly wrote poems that explored the deep interiors of the human heart and mind against a wide backdrop of cultural and historical events. Profoundly personal yet socially astute, his work is both descriptively exact and allusive, engaging nature and art as well as family and friendship. Drawing on his existing work and including nine brilliant new poems, *Collected Poems* gathers the full range of Plumly's talent as it charts the development of his enduring contribution to the American lyric. The volume stands as a tribute to Plumly's artistic vision and will be welcomed by his many readers now and in the generations to come.

- Stanley Plumly's *Posthumous Keats* (9780393337723) was praised as:

"[A] tour de force..." — Joyce Carol Oates, *The Times Literary Supplement*

"[A] remarkable book... — *The Guardian*

"Plumly's luminous biography." — *The Independent*



Born in Flames

The Business of Arson and the Remaking of the American City

Bench Ansfield

A revelatory account of the wave of arson-for-profit that hit American cities in the 1970s, and of the tenants who put out the fires and reclaimed their neighbourhoods

October | £23.99 | Hardback

ISBN 9781324093510

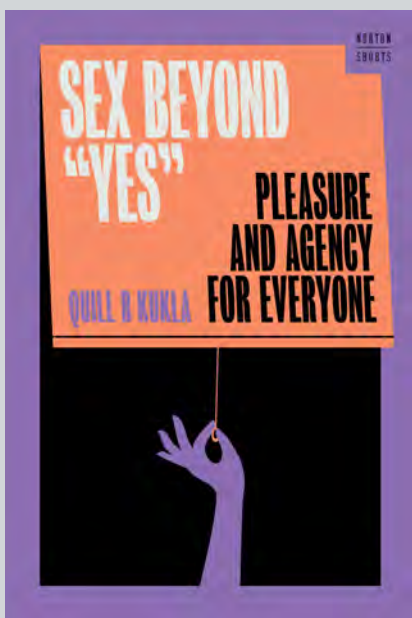
152 x 229mm | 352 Pages

20 illustrations | HISTORY

Bench Ansfield is an assistant professor of history at Temple University. Ansfield holds a PhD in American studies from Yale University and won the Allan Nevins Prize for the best dissertation in American history from the Society of American Historians. They live in Philadelphia, Pennsylvania.

“Ladies and gentlemen, the Bronx is burning!” Supposedly uttered by announcers during the 1977 World Series as flames rose above Yankee Stadium, the phrase encapsulated a chaotic era in US history. Through the 1970s, a wave of arson coursed through American cities, levelling poor communities of colour. However, as historian Bench Ansfield demonstrates in *Born in Flames*, the majority of the fires weren’t set by residents—as is usually assumed—but by landlords seeking insurance payouts.

In an expansive narrative stretching from the Bronx to Britain to Brazil, Ansfield tracks the flows of money that signalled the arrival of our financialised age. From the ashes arose the modern US tenant movement and the fight for housing justice amid a new era of housing insecurity.



Sex Beyond "Yes"

Pleasure and Agency for Everyone

Quill R. Kukla

Philosopher Quill R. Kukla reimagines fulfilling sex through an exploration of sexual agency, communication and pleasure

September | £14.99 | Hardback

ISBN 9781324064923

140 x 210mm | 176 Pages

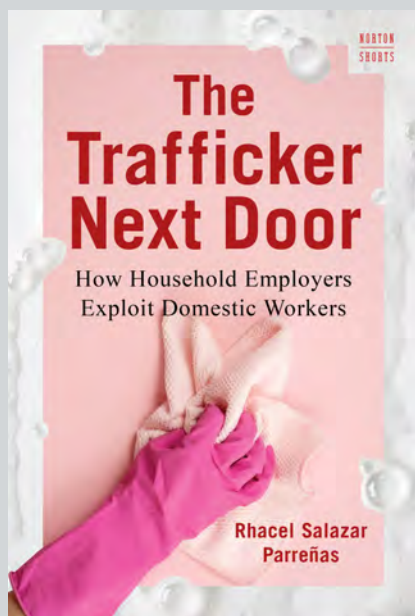
PHILOSOPHY

Quill R Kukla lives in Washington, DC, and Berlin. They are professor of philosophy and disability studies at Georgetown University, and a research fellow at Leibniz University, Hannover and the University of Johannesburg. They compete in boxing and powerlifting.

Today's conversations about sex often focus on consent—who has given it, when one has it and how to get it. However, good, fulfilling sex requires more than securing a “yes” from a partner. It requires a variety of different kinds of communication, as well as social circumstances that support sexual agency and pleasure. In *Sex Beyond “Yes”*, Quill R. Kukla explores what sexual agency is and how it can be enabled or hindered. Kukla reimagines pleasurable, ethical sex beyond the constraints of commodification, patriarchal and heterocentric social scripts, ableism, and puritanical and stigmatising attitudes towards sex.

This book addresses the complexities of desire and the importance of creating an environment that prioritises respect, communication and joy. Centring pleasure and agency, it encourages conversations and social changes that can make good sex accessible to all.

- A Norton Short



The Trafficker Next Door

How Household Employers Exploit Domestic Workers

Rhacel Salazar Parreñas

A renowned sociologist examines the pernicious societal forces that lead employers to exploit vulnerable domestic workers

October | £14.99 | Hardback

ISBN 9781324020301

140 x 210mm | 176 Pages

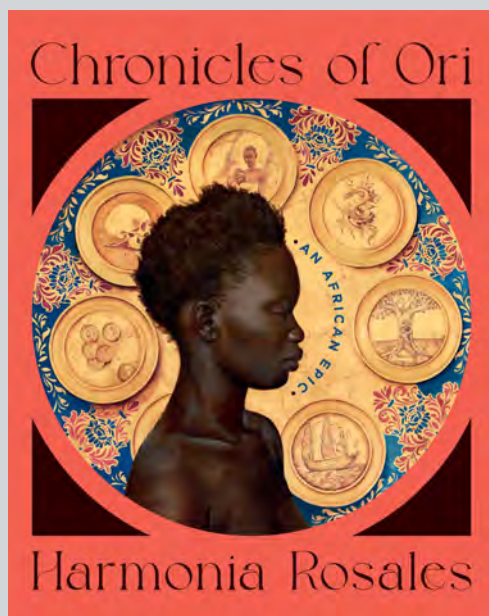
SOCIAL SCIENCE

Rhacel Salazar Parreñas is the Doris Stevens Professor in Women's Studies and professor of sociology and gender and sexuality studies at Princeton University. The award-winning author of three previous books on labour, exploitation and human trafficking, she lives in Princeton, New Jersey.

The phrase “human trafficking” often conjures up nightmarish images of sexual exploitation but Rhacel Salazar Parreñas reveals that the majority of trafficking victims are domestic workers—who suffer abuse at the hands of “ordinary” family employers. Drawing on twenty years of research across three continents, Parreñas exposes the grim realities faced by migrant workers ensnared in forced labour due to poverty and debt bondage. She uncovers how entrenched social and legal norms, coupled with a patronising “employer saviour complex”, foster a troubling sense of ownership among employers over “their” domestic workers.

Through powerful firsthand accounts, Parreñas illustrates migrants’ desperation and the power dynamics that often lead to modern-day slavery. Parreñas’s urgent narrative challenges readers to confront uncomfortable truths about everyday household arrangements and calls for justice and fair treatment for all workers.

- A Norton Short



Chronicles of Ori

An African Epic

Harmonia Rosales

From the acclaimed fine artist Harmonia Rosales, a sweeping retelling of African myth illustrated throughout with Rosales's spectacular paintings

October | £30.00 | Hardback

ISBN 9781324111115

191 x 235mm | 304 Pages

26 illustrations | FICTION

Harmonia Rosales is an American artist from Chicago whose work depicts and honours African myths and the diaspora. She lives in Los Angeles, California.

In *Chronicles of Ori*, her debut book, Harmonia Rosales retells the African myths she has long treasured, crafting an enthralling epic that spans the birth of the universe to the modern world of colonialism and resistance. She writes of the powerful, temperamental deities called the Orishas; of the founding of Yorubaland by the shrewd leader Oduduwa; of the young heroine Eve, born in a time of violence and despair, who would help her people regain their past splendour; and of shimmering serpents and monstrous shadows who stalk the lands of mortals. At the centre of these linked tales is the bond, sometimes fraying, between the Orishas and the humans who worship them. Vividly brought to life by Rosales's artwork, *Chronicles of Ori* will enlighten and delight readers for years to come.



F*cked Up Fairy Tales

Sinful Cinderellas, Prince Alarmings, and Other Timeless Classics

Liz Gotauco, Illustrated by Jade Gotauco

Bawdy, shocking, and hilarious interpretations of classic and rare fairy tales from a beloved TikTok storyteller.

November | £23.00 | Hardback

ISBN 9781324106333

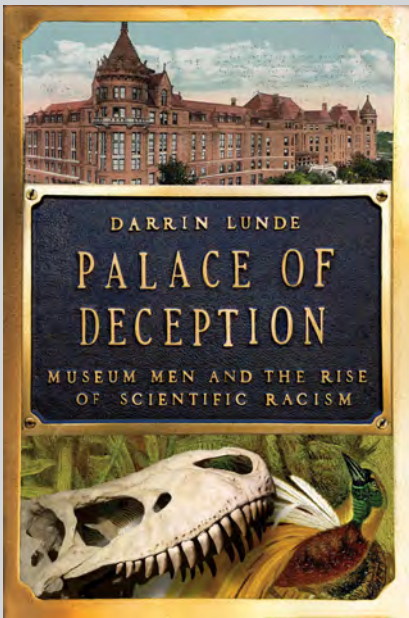
140 x 210mm | 368 Pages

42 black-and-white

illustrations | FICTION

Liz Gotauco is a librarian, award-winning cosplayer, TikTok star and creator of the popular web series *F*cked Up Fairy Tales*. She lives in Providence, Rhode Island.

Based on the wildly popular TikTok series, *F*cked Up Fairy Tales* presents modern retellings of some of the strangest and darkest stories humans have invented. Inspired by sources across the world, “Cosbrarian” Liz Gotauco conjures gossipy animals, homicidal royals, doomed commoners and shape-shifting beaux—all reckoning with complicated, adult problems that “Disney versions” have sanitised. Gotauco offers insight into the stories’ contested origins, spills deliciously weird details about fairy tale authors, and explores timeless themes that have long tickled the human subconscious, from accidental bestiality and catastrophic marriages to the vexed question of what to do with your murderous lindworm child. Sexy, disturbing and outrageous, with stylish, distinctive illustrations, *F*cked Up Fairy Tales* celebrates the astonishing diversity of the oral tradition, reaffirming our universal love for a story that’s messy as f*ck.



Palace of Deception

Museum Men and the Rise of Scientific Racism

Darrin Lunde

An eye-opening look into the founding of the American Museum of Natural History and its original racial underpinnings.

December | £23.00 | Hardback

ISBN 9781324065678

152 x 229mm | 276 Pages

24 illustrations | HISTORY

Darrin Lunde is the collections manager for mammals at the American National Museum of Natural History. Previously, he worked at the American Museum of Natural History, where he led numerous field expeditions throughout the world. He lives in Maryland with his family.

From 1908 to 1933, the American Museum of Natural History launched more scientific field expeditions than at any other time in its existence. Sponsoring trips to Africa and Central Asia, the museum filled its halls with artifacts and an aura of adventure, underwritten by some of New York City's most prominent men. In *Palace of Deception*, Darrin Lunde uncovers the complicated legacy of three iconic figures of the American Museum: President Henry Fairfield Osborn, the preeminent explorer Roy Chapman Andrews and Carl Akeley, the pioneering taxidermist who created so many of the museum's most memorable exhibits. *Palace of Deception* traces the racially infused milieu which sought to enshrine the prevailing social hierarchy and examines the simmering anxieties about human origins that were the backdrop to a golden age of exploration.



McNamara at War

A New History

William Taubman and Philip Taubman

A revelatory portrait of Robert S. McNamara, informed by newly discovered diaries, letters, and interviews with those closest to him.

November | £31.00 | Hardback

ISBN 9781324007166

156 x 235mm | 512 Pages

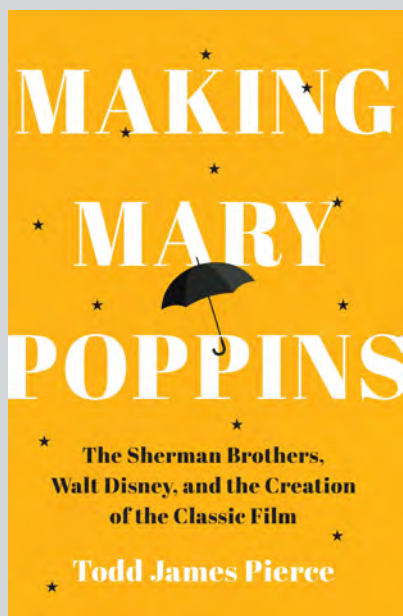
16 pages of illustrations | HISTORY

William Taubman is the Bertrand Snell Professor of Political Science Emeritus at Amherst College. His book, *Khrushchev: The Man and His Era*, won the Pulitzer Prize and the National Book Critics Circle Award. He is also the author of *Gorbachev: His Life and Times*. He lives in Amherst, Massachusetts.

Philip Taubman, a former *The New York Times* reporter, is affiliated with Stanford University's Center for International Security and Cooperation. He is the author of *In the Nation's Service: The Life and Times of George P. Shultz*.

Robert S. McNamara was widely considered to be one of the most brilliant men of his generation. While he could be cold and arrogant, he was an invaluable friend to Presidents John F. Kennedy and Lyndon Johnson and had a deeply moving relationship with Jackie Kennedy. McNamara was the leading advocate for American escalation in Vietnam, even after he concluded that the war was unwinnable.

In *McNamara at War*, Philip and William Taubman trace McNamara's career from a young faculty member at Harvard Business School and his Second World War service to his leadership of the Ford Motor Company and the World Bank. *McNamara at War* is a portrait of a man at war with himself—riven by melancholy, guilt, zealous loyalty and a profound inability to admit his flawed thinking about Vietnam.



Making Mary Poppins

The Sherman Brothers, Walt Disney, and the Creation of a Classic Film

Todd James Pierce

The surprising story behind Walt Disney's most successful live-action film.

November | £22.00 | Hardback

ISBN 9781324111078

152 x 229mm | 240 Pages

PERFORMING ARTS

Todd James Pierce is an author, professor of English and host of the popular *Disney History Institute* podcast. He lives in Orcutt, California.

When Bob and Dick Sherman—two relatively unknown songwriters—walked onto the Walt Disney Studios lot to pitch a song for Annette Funicello, they had no idea that they'd end up meeting Disney himself or that a few months later they'd be developing the songs and story line for the studio's biggest live-action film ever. In this captivating book, Todd James Pierce details the process from conception through production, including the challenges faced in dealing with author P. L. Travers. While the Shermans and their songs are at the heart of the book, there are also lively anecdotes about the casting of the film, the innovative special effects and the relationship between "Mary Poppins" and the larger Disney world. *Making Mary Poppins* tells the fascinating story behind an iconic film.



From Ear to Ear

A Pianist's Love Affair with Song

Steven Blier, Foreword by Adam Gopnik

A moving and tartly funny musical memoir both “comic and cosmic” (Adam Gopnik) by an acclaimed pianist, spellbinding storyteller and champion of song

November | £23.00 | Hardback

ISBN 9781324005483

152 x 229mm | 320 Pages

16 illustrations | BIOGRAPHY & AUTOBIOGRAPHY

Steven Blier is a Grammy Award-winning pianist, acclaimed accompanist and co-founder and artistic director of the New York Festival of Song. He has taught at the Julliard School since 1992 and lives in New York City.

Adam Gopnik is a staff writer at *The New Yorker* and has written for the magazine since 1986. He has three National Magazine awards for essays and for criticism. The author of numerous best-selling books, including *Paris to the Moon*, he lives in New York City.

From Ear-to-Ear recounts Steven Blier's picaresque and entertaining road to a successful career as a collaborative pianist, bringing to life his partnerships with iconic performers like Renée Fleming, Susan Graham, Jessye Norman, Cecilia Bartoli and Lorraine Hunt Lieberson, and beloved mentors, including Alvin Epstein and Martha Schlamme. Drawing on his innovative work as a vocal coach and concert producer with his acclaimed New York Festival of Song, he takes readers deep into his artistic process. But Blier also tells a parallel story: his lifelong battle with a rare form of muscular dystrophy. Aided by his intense determination and wry sense of humour, Blier continues his life at the piano. As Adam Gopnik writes in his foreword, *From Ear to Ear* is “genuinely heroic, a testament to the power of music.”



Homemade Ramen

Sho Spaeth

Everything you need to know to make better-than-restaurant ramen at home

October | £27.00 | Hardback Paper over boards

ISBN 9781324020998

203 x 254mm | 320 Pages

100 colour photographs | COOKING

Sho Spaeth is lead editor and writer at ChefSteps, and was formerly a staff writer and editor at Serious Eats. He has lived in Hong Kong, Manila and New Delhi, and currently lives in Brooklyn, New York.

Ramen is a bundle of traditions, conventions, cultural trends, proscriptions and crazed opinions. Sho Spaeth has spent over two decades trying to make sense of it all, adapting ramen-making techniques to his kitchen and coming up with recipes that are representative of a range of ramen styles, including:

- Classic shoyu ramen
- Shio tanmen with clam stock
- Miso ramen
- Spicy tantanmen
- Pork rib tsukemen
- Soupleless ramen (mazemen)
- Vegan chickpea ramen

With over 100 step-by-step photographs, *Homemade Ramen* shows you how to make every element in 13 bowls of ramen from scratch, from the soup and seasoning to the noodles and a range of toppings. More than that, the book shows that making ramen is easy and it gives you everything you need to geek out on ramen on your own.



The Monsters We Make

Murder, Obsession, and the Rise of Criminal Profiling

Rachel Corbett

A taut, riveting work of true crime that tells the strange story of criminal profiling from Victorian times to our own

November | £23.00 | Hardback

ISBN 9780393867695

140 x 210mm | 208 Pages

TRUE CRIME

Rachel Corbett is the author of *You Must Change Your Life*, which won the Marfield Prize, the National Award for Arts Writing. A features writer at *New York* magazine, her writing has also appeared in the *The New Yorker*, *The New York Times Magazine* and *Atlantic*. She lives in Brooklyn, New York.

Criminal profiling—the delicate art of collecting and deciphering the psychological “fingerprints” of the monsters among us—holds an almost mythological status in pop culture. In *The Monsters We Make*, prize-winning author Rachel Corbett explores how criminal profiling became one of society’s most seductive and quixotic undertakings through six significant moments in its history. She delves into Arthur Conan Doyle’s work on the Jack the Ripper case, Harvard psychologist Henry A. Murray’s pioneering profile of Adolf Hitler and his later experiments on his student Ted Kaczynski and the FBI’s famed Behavioural Science Unit’s investigations of such killers as Ted Bundy. Taking the story into our own time and the use of “predictive policing”, Corbett examines how thin the line separating those who do harm and those who aim to stop it can be.

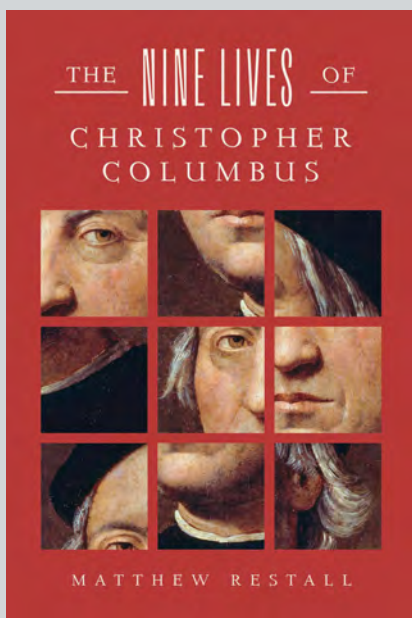
• Praise for *You Must Change Your Life* (9780393354928):

"Corbett’s narrative is pacy and vivid..." — *Financial Times*

"...splendid new book...Corbett looks into life as deeply as is possible for answers, but she knows when to stop. This is the hallmark of her moral intelligence." — *The Art Newspaper*

"[A] beautiful exercise in compact, interwoven double biography." — *Times Literary Supplement*





The Nine Lives of Christopher Columbus

Matthew Restall

A gifted historian presents a definitive book on Christopher Columbus—his life, his legacy and the many controversies that outlived him

November | £27.00 | Hardback

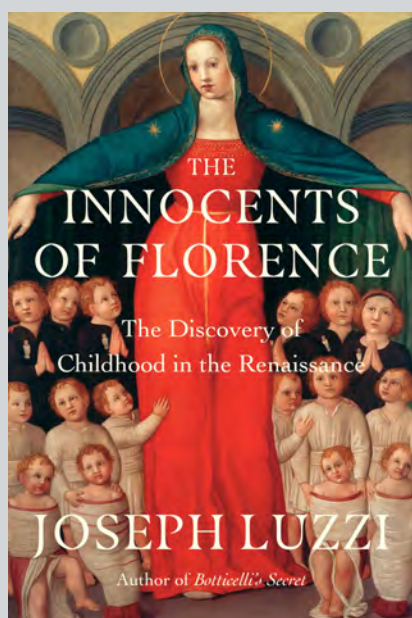
ISBN 9781324086932

152 x 229mm | 416 Pages

49 illustrations | HISTORY

Matthew Restall is the Edwin Erle Sparks Professor of History and Anthropology and director of Latin American studies at Penn State University. He is the author of *Seven Myths of the Spanish Conquest* and *When Montezuma Met Cortés: The True Story of the Meeting That Changed History*, amongst other books.

Christopher Columbus, the Genoese navigator once considered a hero, is now blamed for bringing plunder and genocide to the Americas. In *The Nine Lives of Christopher Columbus*, Matthew Restall takes us beyond polemic, sifting through the evidence across nations, languages and five centuries to explore the central questions of Columbiana. He demonstrates that we know a great deal about Columbus's life and that Columbus was not as remarkable as many have assumed—or as he himself believed. But his afterlives are another story: Restall narrates the international contest over Columbus's bones and the dozens of claims on his birthplace, examines how he became a hero and more. The result is a kaleidoscopic account of a single man that becomes a new history of the modern world.



The Innocents of Florence

The Renaissance Discovery of Childhood

Joseph Luzzi

How a Florentine orphanage rescued thousands of children and revolutionised childhood education amid the splendour of Renaissance art

November | £23.00 | Hardback

ISBN 9781324065784

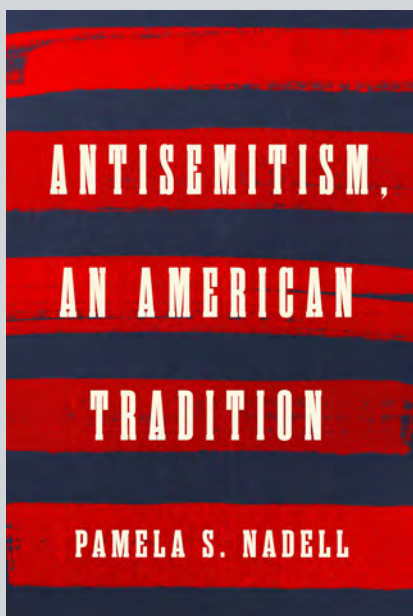
140 x 210mm | 256 Pages

27 illustrations | HISTORY

Joseph Luzzi is the Asher B. Edelman Professor of Literature at Bard College and an award-winning scholar of Italian culture. His latest book, *Botticelli's Secret*, was a *The New Yorker* Best Book of 2022 and was shortlisted for the Ralph Waldo Emerson Award in 2023. He lives in the Hudson Valley of New York.

Among the wonders of the Italian Renaissance was Florence's Hospital of the Innocents, Europe's first orphanage. In an era when children were often trafficked or left to die or roam the streets, an orphanage devoted to their care and protection was a striking innovation. A symbol of Florence's cultural and architectural brilliance, designed by Filippo Brunelleschi, the institution known as the Innocenti became a haven for more than 400,000 children across five centuries.

With deep knowledge of the literary and artistic environment in which this new understanding of childhood flowered, Joseph Luzzi explores how the Innocenti taught children mercantile skills, rudimentary literature and, for a few, the arts. He does not shy away from addressing the flaws in the institution's pursuit of its high-minded mission but gives readers the first comprehensive "biography" of a ground-breaking humanitarian institute.



Antisemitism, an American Tradition

Pamela S. Nadell

The powerful story of antisemitism in America and how it has shaped the lives of Jews for almost four centuries

November | £25.00 | Hardback

ISBN 9781324050643

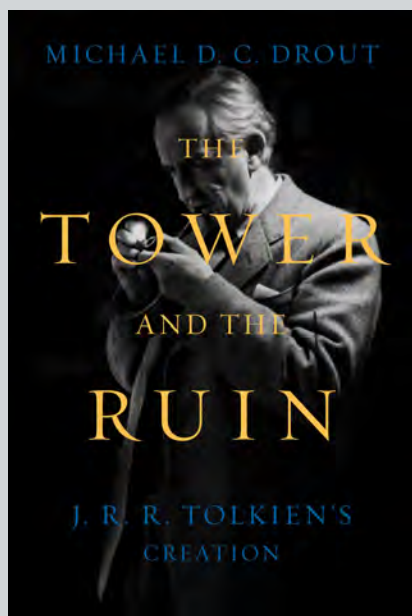
152 x 229mm | 352 Pages

8 page insert | HISTORY

Pamela S. Nadell is the Patrick Clendenen Chair in Women's and Gender History and director of Jewish studies at American University. Her works include the 2019 NJBA Jewish Book of the Year, *America's Jewish Women*. She lives in North Bethesda, Maryland.

Jews met antisemitism on landing in New Amsterdam in 1654 when Peter Stuyvesant tried to expel them. The founding of the US changed little, as negative European stereotypes rooted into American soil. They faced restrictions on holding office, admission to schools and employment, while synagogues and cemeteries were vandalised. Recently, white nationalists chanted "Jews will not replace us" in Charlottesville, Virginia and a gunman killed eleven members of a Pittsburgh synagogue. Antisemitic incidents increase each year.

In *Antisemitism, an American Tradition*, Pamela S. Nadell investigates the depth of this fraught history. She explores how Jews battle antisemitism through the law, by creating organisations to speak for them, and respond with their fists or join with allies in fighting all types of hate.



The Tower and the Ruin

J.R.R. Tolkien's Creation

Michael DC Drout

A leading scholar draws on fifty years of reading and studying J.R.R. Tolkien to explain how he created an entire world

December | £27.00 | Hardcover

ISBN 9781324093886

152 x 229mm | 432 Pages

LITERARY CRITICISM

Michael D.C. Drout is a professor of English and director of the Center for the Study of the Medieval at Wheaton College in Massachusetts. The co-founder and co-editor of the journal *Tolkien Studies*, he is the author of *How Tradition Works* and *Beowulf Unlocked*, among other books. He lives in Dedham, Massachusetts.

No writer has surpassed the epic achievement of J.R.R. Tolkien, who spent decades refining his world of Middle-earth. In *The Tower and the Ruin*, Michael D.C. Drout explores Tolkien's genius, allowing us to glimpse the making of works from *The Lord of the Rings*, *The Hobbit* and *The Silmarillion* to lesser-known books such as *The Fall of Gondolin* as well as his poetry. We see how Tolkien invented myths, legends, cultures, languages, histories and an intricate, multivocal narrative. We come to understand how, early on, Tolkien drew upon and modified material he found in *Beowulf*, the *Kalevala* and other medieval literature from Northern Europe, and how he later developed the complex form of sorrow that is the primary theme of his mature works. Sweeping and hugely perceptive *The Tower and the Ruin* illuminates Tolkien anew.

NORTON

PAPERBACKS





Life on Earth

Poems

Dorianne Laux

Pulitzer Prize finalist Dorianne Laux returns with an insightful, compassionate and spirited volume that celebrates the imperfect miracle of humanity

August | £12.99 | Paperback

ISBN 9781324110354

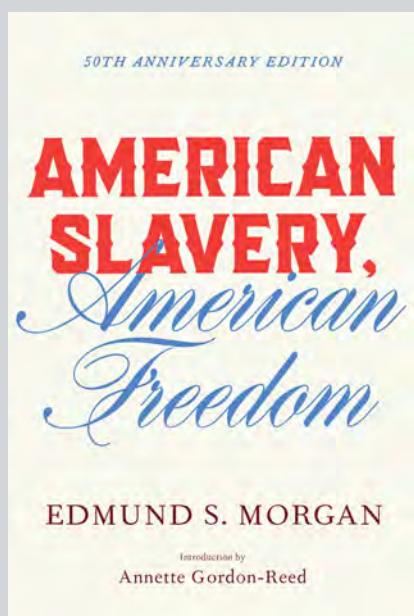
140 x 210mm | 112 Pages

POETRY

Dorianne Laux's poetry collections include *Only as the Day Is Long*, finalist for the Pulitzer Prize, *The Book of Men* and *Facts about the Moon*. She is the coauthor of *The Poet's Companion: A Guide to the Pleasures of Writing Poetry*. She lives in Richmond, California.

In her seventh collection, Dorianne Laux once again offers poems that move us, include us and appreciate us fully as the flawed humans we are. *Life on Earth* is a book of praise for our planet and ourselves, delivered with Laux's trademark vitality, frank observation and earthy wisdom. With odes to the unlikely and elemental—snow, crows, cups, a shovel and rake, the ubiquitous can of WD-40, “the way / it releases the caught cogs / of the world”—*Life on Earth* urges us all to find magic in the mess of ordinary life. The volume includes powerful reflections on loss and ageing and encounters with the fleeting beauty of the natural world. Transcending life's inevitable moments of pain and uncertainty, *Life on Earth* instructs us in our own endless possibilities and the astonishing riches of the world around us.

- A UK paperback original



American Slavery, American Freedom

Edmund S. Morgan, Introduction by Annette Gordon-Reed

The classic exploration of the connection between freedom and slavery, with a bold new introduction from prominent historian Annette Gordon-Reed

August | £15.99 | Paperback

ISBN 9781324105206

137 x 211mm | 496 Pages

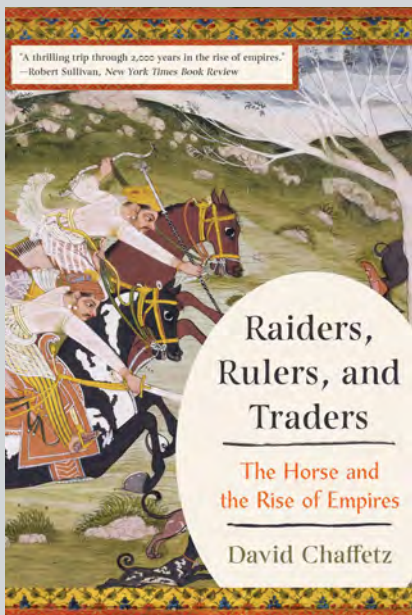
HISTORY

Edmund S. Morgan (1916–2013) was the Sterling Professor Emeritus at Yale University and the recipient of the National Humanities Medal, the Pulitzer Prize and the American Academy's Gold Medal. He was the author of *The Genuine Article*; *American Slavery, American Freedom*; *Benjamin Franklin*; and *American Heroes*, among many other books.

Annette Gordon-Reed is the Carl M. Loeb University Professor at Harvard University. The author of Pulitzer Prize-winning *The Hemingses of Monticello*, she lives in New York and Cambridge, Massachusetts.

In the American Revolution, Virginians were the most eloquent spokesmen for freedom and equality. George Washington led the Americans in battle against British oppression. Thomas Jefferson led them in declaring independence. Virginians drafted the Declaration, the Constitution and the Bill of Rights. And they were slave owners. Through the lens of colonial Virginia, *American Slavery, American Freedom* is the classic examination of the tragic contradiction at the core of America. In her illuminating new introduction, National Book Award and Pulitzer Prize-winning author Annette Gordon-Reed (*The Hemingses of Monticello*; *On Juneteenth*) introduces a new generation of readers to Edmund S. Morgan's classic text, reminding us that without a full reckoning of the connection between freedom and slavery, America will stall on the road to racial justice.

"Profoundly important... Every page of Morgan's book speaks of a sensitive understanding of human nature, as well as of a scrupulous attention to scholarly exactitude." — J.H. Plumb, *The New York Review of Books*



Raiders, Rulers, and Traders

The Horse and the Rise of Empires

David Chaffetz

A captivating history of civilisation that reveals the central role of the horse in culture, commerce and conquest

August | £14.99 | Paperback

ISBN 9781324110330

140 x 210mm | 448 Pages

30 illustrations | HISTORY

David Chaffetz, *Asian Review of Books* contributor, member of the Royal Society for Asian Affairs and author of *A Journey through Afghanistan* and *Three Asian Divas*, has travelled in Asia for over forty years. He lives in Lisbon and Paris.

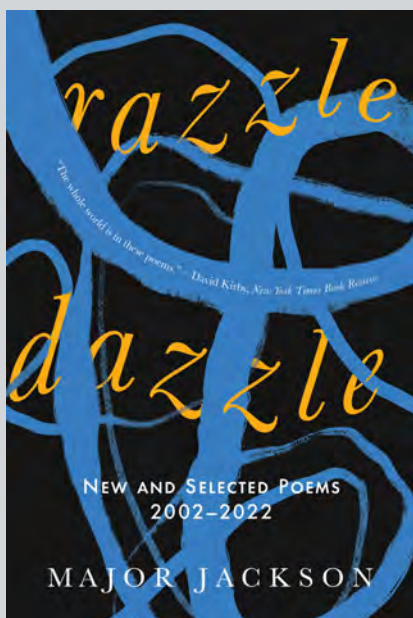
No animal is so entangled in human history as the horse. The thread starts in prehistory, with a slight, shy animal hunted for food. Domesticating the horse allowed early humans to settle the vast Eurasian steppe; later, their horses enabled new forms of warfare, encouraged long-distance trade routes and acquired cultural and religious significance. Over time, horses came to power empires in Iran, Afghanistan, China, India and Russia.

David Chaffetz tells the story of how the horse made rulers, raiders and traders interchangeable, providing a novel explanation for the turbulent history of the "Silk Road", which might be better called the Horse Road. Drawing on recent research in fields including genetics and forensic archaeology, Chaffetz presents a lively history of the great horse empires that shaped civilisation.

"[D]eeply researched, elegantly written" — *The Economist*

"[An] engaging history... David Chaffetz makes a convincing case for why no other animal has had such a profound impact on human history" — Victor Mallet, *Financial Times*

"A thrilling trip through 2,000 years in the rise of empires." — Robert Sullivan, *The New York Times Book Review*



Razzle Dazzle

New and Selected Poems 2002-2022

Major Jackson

An exuberant collection of two decades of Major Jackson's passionately intelligent poetry

September | £13.99 | Paperback

ISBN 9781324105138

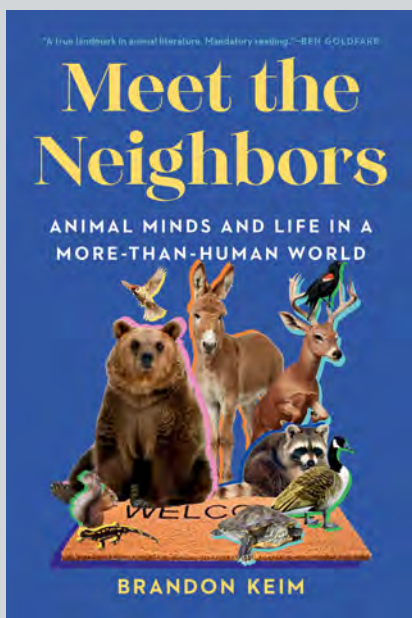
163 x 244mm | 288 Pages

POETRY

Major Jackson is the author of six volumes of poetry. His honors include a Pushcart Prize, a Whiting Award and fellowships from the Guggenheim Foundation and the National Endowment for the Arts. The poetry editor of the *Harvard Review* and the host of the podcast *The Slowdown*, Jackson lives in Nashville, Tennessee, where he is the Gertrude Conaway Vanderbilt Chair in the Humanities at Vanderbilt University. He is an elected member of the American Academy of Arts and Sciences.

A pre-eminent voice in contemporary literature, Major Jackson offers steady miracles of vision and celebrations of language in rapturous, sophisticated poems. *Razzle Dazzle* traces the evolution of Jackson's transformative imagination and fierce music through five acclaimed volumes. This collection opens with over three dozen new poems that erupt into full-throated song in the face of indignity and invite us into a passionate experience of the world. Taken together, these two decades of writing offer a sustained portrait of a poet "bound up in the ecstatic", whose buoyant lyricism confronts the social and political forces that would demean humanity. Jackson possesses a sensibility at once global and personal, driven by an enduring conviction in the possibilities of art and language to mark our lives with meaning. These dexterous poems proclaim the remarkable power of renewal, justice and accountability.

- A UK paperback original



Meet the Neighbors

Animal Minds and Life in a More-than-Human World

Brandon Keim

What does the science of animal intelligence mean for how we understand and live with the wild creatures around us?

September | £14.99 | Paperback

ISBN 9781324110439

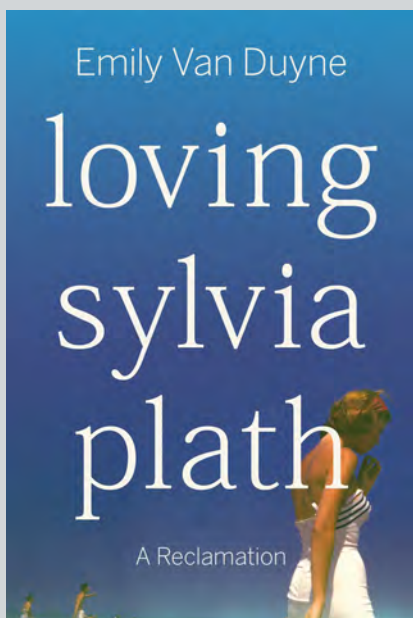
140 x 210mm | 368 Pages

14 illustrations | NATURE

Brandon Keim is a journalist specializing in animals, nature and science. His work appears regularly in *The New York Times*, *Atlantic*, *Nautilus* and elsewhere. He lives in Bangor, Maine.

Honeybees deliberate democratically. Rats reflect on the past. Snakes have friends. In recent decades, our understanding of animal intelligence has exploded—but the way we relate to wild animals has yet to catch up. In *Meet the Neighbors*, Brandon Keim asks what it would mean to take the minds of other animals seriously.

Science shows that the creatures who share our everyday landscapes are thinking, feeling individuals. Should we then see them as fellow persons, even citizens? Weaving in the latest research, Brandon Keim takes us into diverse environments to meet the philosophers, rogue pest controllers, ecologists, wildlife doctors and others who are reimagining our relationships to animals and to nature. A beguiling invitation to discover an expanded sense of community and kinship beyond our own species, *Meet the Neighbors* opens our eyes to the world of vibrant intelligence just outside our doors.



Loving Sylvia Plath

A Reclamation

Emily Van Duyne

A nuanced, passionate exploration of the life and work of one of the most misunderstood writers of the twentieth century

August | £13.99 | Paperback

ISBN 9781324110361

140 x 210mm | 320 Pages

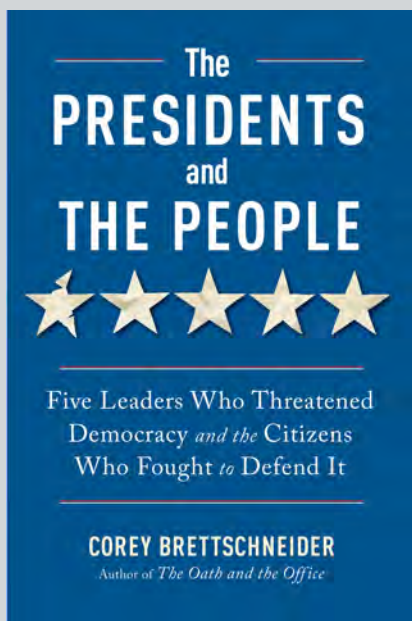
6 illustrations | LITERARY CRITICISM

Emily Van Duyne is an associate professor at Stockton University and a 2022 Fulbright Scholar. Her work has appeared in *Literary Hub*, *Women's Studies Quarterly*, *Harvard Review* and *American Poetry Review*. She lives in New Jersey.

Sylvia Plath is an object of enduring cultural fascination—the troubled patron saint of confessional poetry, a writer whose genius is buried under the weight of her status as the quintessential literary sad girl. Emily Van Duyne—a superfan and scholar—radically reimagines the last years of Plath's life, confronts her suicide and the construction of her legacy. Drawing from decades of study on Plath and her husband, Ted Hughes, the chief architect of Plath's mythology; the life and tragic suicide of Assia Wevill, Hughes's mistress; newly available archival materials; and a deep understanding of intimate partner violence, in *Loving Sylvia Plath*, Van Duyne seeks to undo the silencing of Sylvia Plath and resuscitate her as the hardworking, brilliant writer she was.

"... a difficult, brilliant, intensely personal and dazzlingly illuminating perspective on Plath's work and mythology, and is hands down the most gripping thing I've read this year..."
— Elizabeth Lowry, *The Times Literary Supplement*

"... I inhaled *Loving Sylvia Plath: A Reclamation* like (what else?) air." — Jessica DeFino, *Guardian* columnist and beauty reporter



The Presidents and the People

Five Leaders Who Threatened Democracy and the Citizens Who Fought to Defend It

Corey Brettschneider

American presidents have often pushed the boundaries established for them by the Constitution; this is the inspirational history of the people who pushed back

October | £13.99 | Paperback

ISBN 9781324110880

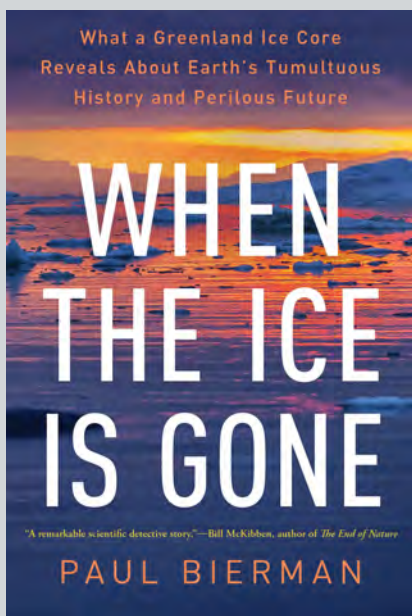
140 x 210mm | 368 Pages

HISTORY

Corey Brettschneider is a professor at Brown University, where he teaches constitutional law and politics. He has written for *The New York Times*, the *Washington Post* and *Time*. He is also the author of *The Oath and the Office*. He lives in New York.

Imagine an American president who imprisoned critics, spread a culture of white supremacy and tried to upend the law so that he could commit crimes with impunity. In this propulsive and eminently readable history, Corey Brettschneider provides a thoroughly researched account of assaults on democracy by not one such president but five: John Adams, James Buchanan, Andrew Johnson, Woodrow Wilson and Richard Nixon.

Brettschneider shows that these presidents didn't have the last word; citizen movements brought the United States back from the precipice by appealing to a democratic understanding of the Constitution and pressuring subsequent reform-minded presidents to realise the promise of "We the People". This is a book about citizens—Frederick Douglass, Ida B. Wells, Daniel Ellsberg and more—who fought back against presidential abuses of power and give hope about the possibilities of restoring democracy.



When the Ice Is Gone

What a Greenland Ice Core Reveals About Earth's Tumultuous History and Perilous Future

Paul Bierman

Paul Bierman's realisation that Greenland's ice sheet melted when Earth was no warmer than today sounds an alarm for our planet

September | £13.99 | Paperback

ISBN 9781324110309

140 x 210mm | 304 Pages

29 black-and-white images

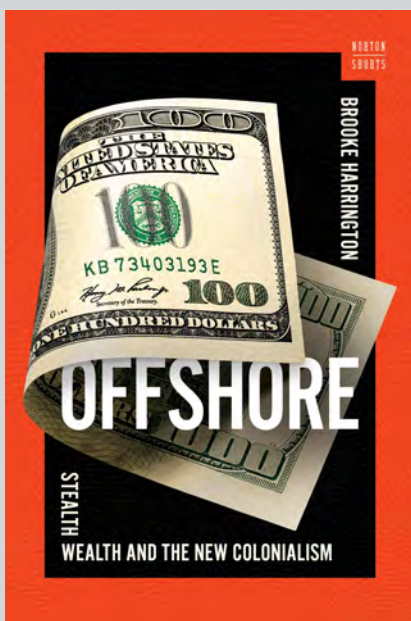
throughout, 1 map | SCIENCE

Paul Bierman, environmental science professor at the University of Vermont, develops methods to date ice and rocks. He has published in *Science* and *Nature*, with the findings covered by CNN, *USA Today* and the Weather Channel. He lives in Burlington, Vermont.

In 2018, frozen soil, collected from the bottom of the world's first deep ice core and lost for decades, reappeared in Denmark. When Paul Bierman and his team melted a piece of this material, they found preserved leaves, twigs and moss. This led them to a startling discovery: Greenland's ice sheet had melted before and was more fragile than scientists had realised.

In *When the Ice Is Gone*, Bierman traces the story of this finding, revealing how it changes our understanding of the Earth and its climate. He takes us to Camp Century, a U.S. military base built, where engineers drilled through mile-thick ice and into the frozen soil beneath.

Changes in Greenland reverberate around the world. Losing Greenland's ice will catalyse devastating events if we don't change course and address climate change now.



Offshore

Stealth Wealth and the New Colonialism

Brooke Harrington

An eye-opening account of offshore finance: a secretive system making the rich richer while corroding democracy, capitalism and the environment

September | £8.99 | Paperback

ISBN 9781324110323

140 x 210mm | 192 Pages

SOCIAL SCIENCE

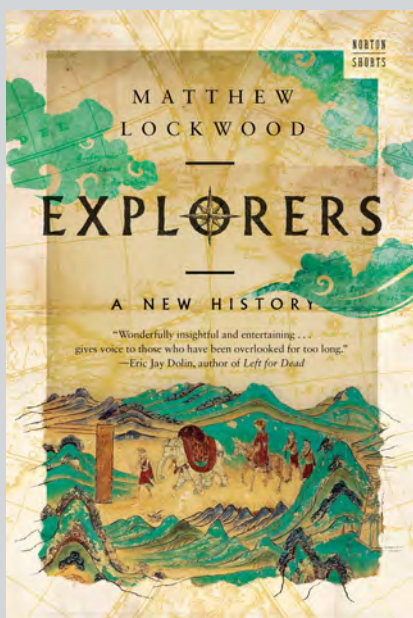
Brooke Harrington is a professor of economic sociology at Dartmouth College, a certified wealth manager and an advisor to the OECD and the European Parliament. She is the author of several books, including the best-selling *Capital Without Borders*.

This engrossing deep dive exposes how the shadowy global system of offshore finance fuels economic crises and austerity while also undermining democracy and the rule of law. Sociologist Brooke Harrington trained as an offshore wealth manager then spent years immersed in tax havens around the world, observing and interviewing the experts who keep the secrets and protect the fortunes of the global ultra-rich. In *Offshore*, she shows what offshore finance costs all of us and how it has colonised the world—not on behalf of any one country but to benefit a largely invisible empire of a few thousand billionaires who help themselves to the best society has to offer while sticking us with the bill. As politicians struggle to address the deepening economic and political inequality destabilising the world, Harrington's exposé of the offshore system is a vital resource for understanding the most pressing crises of our time.

"Offshore centres sell secrecy. Such secrecy, [Brooke] Harrington argues, is indeed a source of wealth, but also a threat to law-governed democracy." — Martin Wolf, *Financial Times*, 'Best Books of 2024: Economics'

- A Norton Short

- A *Financial Times* Best Book of the Year and one of *The New Yorker's* "Political Books to Help Us Make Sense of 2024"



Explorers

A New History

Matthew Lockwood

The impulse to seek out new worlds is universal to humanity

September | £8.99 | Paperback

ISBN 9781324110316

140 x 210mm | 192 Pages

7 images | HISTORY

Matthew Lockwood is an assistant professor of history at the University of Alabama and the author of *This Land of Promise: A History of Refugees and Exiles in Britain*, *To Begin the World Over Again* and *The Conquest of Death*. He lives in Northport, Alabama.

The impulse to seek out new worlds is universal to humanity. In a truly inclusive account of exploration, historian Matthew Lockwood interweaves stories of famous figures—including Sacagawea, Pocahontas and Dr Livingstone—with tales of individuals who are usually denied the title “explorer”. Lockwood’s new cast of adventurers includes Rabban Bar Sawma, a Uighur monk who traversed the Middle East and Europe; Yatsuke, an East African traveller to Japan during the sixteenth century; and David Dorr, a man born in slavery whose travelogues reshaped Americans’ understanding of Africa. In lives filled with imagination and wonder, curiosity, connection and exchange, these figures unfurl a human tapestry of discovery. Spanning forty centuries and six continents, this thrilling and concise history redefines what it means to discover, who counts as an explorer and what counts as exploration.

"Mr. Lockwood takes a positive attitude, presenting tales of unsung (and under-sung) historical figures... by illuminating the crisscross nature of peregrination through the stories of people who engaged in it, *Explorers* achieves its hedgehog end." — Meghan Cox Gurdon, *Wall Street Journal*

- A Norton Short



A Complicated Passion

The Life and Work of Agnès Varda

Carrie Rickey

The first major biography of the French filmmaker hailed by Martin Scorsese as “one of the Gods of cinema”

September | £13.99 | Paperback

ISBN 9781324110453

140 x 210mm | 304 Pages

8 page insert | BIOGRAPHY &

AUTOBIOGRAPHY

Carrie Rickey is an award-winning film critic and historian with work in *Art in America*, *The New York Times*, *Politico* and elsewhere. She has taught at the Art Institute of Chicago and the University of Pennsylvania. She lives in Philadelphia.

Agnès Varda (1928-2019) wrote and directed some of the most acclaimed films of her era, from her tour de force *Cléo from 5 to 7* (1962), to the beloved documentary *The Gleaners and I* (2000). She helped to define the French New Wave, inspired a generation of filmmakers and was recognised with major awards.

Carrie Rickey explores the “complicated passions” that informed Varda’s life and work. She traces Varda’s three careers—photographer, filmmaker and installation artist, explaining how Varda was a pioneer in blurring the lines between documentary and fiction, using the latest digital technology and carving a path for women in the film industry. She demonstrates how Varda was ahead of her time in addressing sexism, abortion, labour exploitation, immigrant rights and race relations with candour and incisiveness. Highlighting Varda’s impact on contemporary figures and delving into her rich social life, *A Complicated Passion* is the vibrant biography that Varda has long deserved.

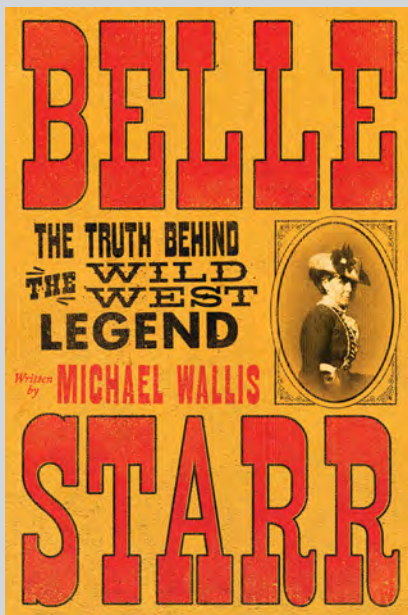
"An enthralling new biography... Fervently detailed and briskly narrated." — Richard Brody, *The New Yorker*

"I devoured 'A Complicated Passion' happily and so, I suspect, will you. It sent me rushing to the Criterion Channel to rewatch Varda's movies." — Dwight Garner, *The New York Times*

LIVERIGHT

NEW TITLES





Belle Starr

The Truth Behind the Wild West Legend

Michael Wallis

In this definitive biography of the most infamous female American outlaw of the nineteenth century, Michael Wallis challenges a notorious legacy

August | £25.00 | Hardback

ISBN 9781631494772

163 x 236mm | 464 Pages

30 black-and-white images, 8 page

insert | BIOGRAPHY &

AUTOBIOGRAPHY

Michael Wallis, author of *The Best Land Under Heaven* and the best-selling *Route 66* and *Billy the Kid*, has published nineteen books and won numerous awards and honours. He is a popular public speaker and voice actor and lives in Tulsa, Oklahoma.

In the annals of Wild West desperadoes, Belle Starr is remembered as the Bandit Queen. Now Michael Wallis parses over a century of mythmaking to reveal the woman behind the renegade legend.

Starr was born Myra Maibelle Shirley in 1848 and was educated to be a Southern belle. Her early years were characterised by the chaotic violence of the American Civil War—she was traumatised by the death of her brother while riding with a guerilla group supporting the Confederate Army and she swore revenge against all Yankees, becoming a “friend to any brave and gallant outlaw”.

Turning a redemptive eye to Belle Starr’s legacy, Wallis crafts a portrait of a woman demonised for refusing to accept genteel Victorian ideals, who chose to live her life outside the law, riding with a pearl-handled Colt .45 strapped to her hip.



Works of Love

A New Translation

Søren Kierkegaard, Translated by Bruce H. Kirmmse

Following his “brisk, readable, accurate” (Gregory R. Beabout) translations of *Fear and Trembling* and *The Sickness Unto Death*, Bruce H. Kirmmse presents a new translation of Kierkegaard’s discourses on love

August | £28.00 | Hardback

ISBN 9781324093671

152 x 229mm | 464 Pages

PHILOSOPHY

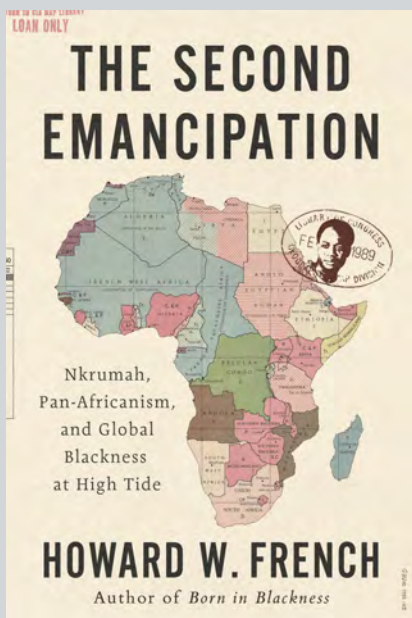
Søren Kierkegaard (1813–1855) was a Danish philosopher and theologian whose work has been widely recognised as foundational both to modern psychology and existentialism.

A professor emeritus at Connecticut College, **Bruce H. Kirmmse** has published several books and numerous articles on Kierkegaard and is general editor of *Kierkegaard’s Journals and Notebooks*. He lives in Randolph, New Hampshire and Copenhagen, Denmark.

First published in 1847, *Works of Love* is among Søren Kierkegaard’s most explicitly religious works. Intended to awaken rather than convince the book consists of a series of fifteen deliberations on love. Contrasting romantic love and love for one’s friends with the selfless Christian love—agape—of the New Testament, *Works of Love* contends that the only way to purge self-interest from love is to love one’s neighbour, who is “indeed unconditionally every person”. Though always careful to distinguish his “deliberations” from clerical “sermons”, Kierkegaard insisted that in order to grasp the full meaning of the work, one must hear it.

Whereas other translations have obscured or disregarded the rhetorical aspect of the text, Kirmmse’s translation preserves it—thus making the same request of its readers that Kierkegaard once made of his: to hear the argument by reading it aloud.

- Also available: *Fear and Trembling* (9781324093572) and *The Sickness Unto Death* (9781324094487)



The Second Emancipation

Nkrumah, Pan-Africanism, and Global Blackness at High Tide

Howard W. French

“Howard French’s *The Second Emancipation* stands the second half of the last century on its geopolitical head.”
—David Levering Lewis, winner of the Pulitzer Prize

September | £29.99 | Hardback

ISBN 9781324092452

156 x 235mm | 512 Pages

16 pages of illustrations; 3

maps | BIOGRAPHY &

AUTOBIOGRAPHY

Howard W. French is a professor of journalism at Columbia University and a former *The New York Times* bureau chief for Central America and the Caribbean, West and Central Africa, Japan and the Koreas, and China. The author of six books, including *Born in Blackness*, French lives in New York City.

The Second Emancipation, a work of Odyssean dimension, recasts the liberation of post-Second World War colonial Africa and the American civil rights struggle through the lens of Ghana’s revolutionary visionary Kwame Nkrumah (1909–1972), who emerges as the most significant African leader of the twentieth century. Determined that readers fully understand Nkrumah’s legacy, Howard W. French newly dramatizes the Nkrumah story. The language soars as French evokes a continent in the throes of liberation and a roiling United States in the Cold War era.

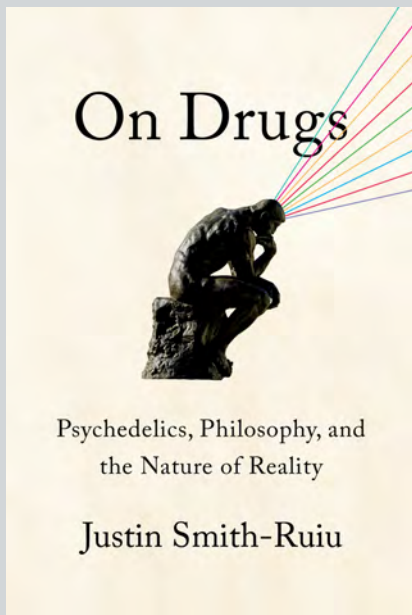
In its dramatic depiction of a continent that once exuded the promise of a newly won freedom, *The Second Emancipation* is a generational work that positions not only Africa but also the American civil rights movement at the forefront of modern-day history.

- Howard W. French’s *Born in Blackness* (9781324092407) was praised as:

“[S]earing, humbling and essential reading.”— Nigel Cliff, *The New York Times*

“[A] magnificent, powerful and absorbing book [...] beautifully done; a masterpiece even [...]” — Peter Frankopan, *The Observer*

“Painful and necessary... [an] infuriating and hugely enlightening book.” — Dele Olojede, *Financial Times*



On Drugs

Psychedelics, Philosophy, and the Nature of Reality

Justin Smith-Ruiu

A renowned philosopher takes a clear-eyed look at the mind-expanding potential and mind-blowing implications of psychedelic experiences

September | £22.00 | Hardback

ISBN 9781324094975

140 x 210mm | 240 Pages

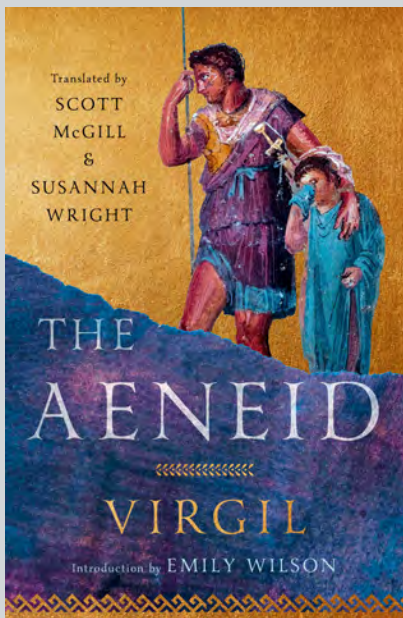
PHILOSOPHY

Justin Smith-Ruiu is a professor of history and philosophy of science at the Université Paris Cité. He is the author, most recently, of *The Internet Is Not What You Think It Is*. He writes regularly for *Harper's*, *WIRED*, *The New York Times* and other publications. He lives in Paris.

In the wake of a personal loss and the upheaval of the pandemic, Justin Smith-Ruiu found himself at a California cannabis dispensary, pondering a profound question: Who am I and how did I get here?

On Drugs blends memoir, investigative reporting and philosophical inquiry as Smith-Ruiu explores the impact of psychedelics on the mind and human consciousness. Drawing on a broad range of intellectual history and his personal experiences, he delves into how these substances challenge Western assumptions about reality, the self and existence. Psychedelics offer a path to a radically new way of thinking and a new philosophical lens that could reshape how we understand ourselves and our place in the universe.

On Drugs offers an insightful and thought-provoking exploration of mind-altering substances, their impact on modern thought and the very nature of reality.



The Aeneid

Virgil, Translated by Scott McGill and Susannah Wright, Introduction by Emily Wilson

The founding epic of Rome, rendered in a fluid, metrical translation that sings Virgil's stately verse in a vivid, contemporary idiom

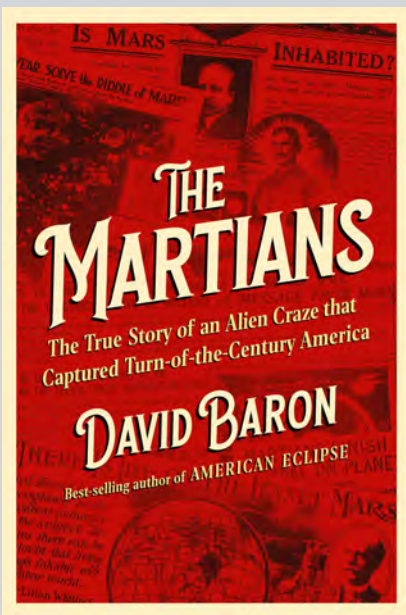
September | £29.99 | Hardback
 ISBN 9781324096436
 156 x 235mm | 512 Pages
 1 map | POETRY

Scott McGill is the Deedee McMurtry Professor in Humanities at Rice University. He lives in Houston, Texas.

Susannah Wright is an assistant professor of classical studies and Roman history at Rice University. She lives in Houston, Texas.

Emily Wilson is a professor of classical studies at the University of Pennsylvania. She has been named a Fellow of the American Academy in Rome in Renaissance and early modern studies, a MacArthur Fellow and a Guggenheim Fellow. In addition to Homer's *Iliad* and *Odyssey*, she has also published translations of Sophocles, Euripides and Seneca. She lives in Philadelphia.

This new *Aeneid*—the first collaborative translation of the poem in English—is rendered in an unrhymed iambic pentameter that engages modern readers while preserving the epic dignity and pathos of the original. Scott McGill and Susannah Wright's version faithfully conveys the poem's delicate balance between its triumphant celebration of the Roman Empire and its sensitivity to the human costs of antiquity's most powerful and influential society. The result is a poem in English every bit as complex, inviting and affecting as the Latin original. With a rich introduction from Emily Wilson, and the full complement of maps and supporting material that have made Wilson's Homer translations the standard for our time, this gorgeous edition of Rome's founding epic will capture the imaginations and stir the souls of a new generation of readers.



The Martians

The True Story of an Alien Craze that Captured Turn-of-the-Century America

David Baron

“There Is Life on the Planet Mars” — *The New York Times*,
9 December 1906

October | £23.00 | Hardback

ISBN 9781324090663

152 x 229mm | 336 Pages

101 illustrations | SCIENCE

David Baron is an award-winning journalist, broadcaster and author of *The Beast in the Garden* and *American Eclipse*. He has written for *The New York Times*, *Washington Post*, *Wall Street Journal*, *Los Angeles Times*, *Scientific American* and other publications. David recently served as the Baruch S. Blumberg NASA/Library of Congress Chair in Astrobiology, Exploration and Scientific Innovation. He lives in Boulder, Colorado.

The New York Times headline was no joke. In the early 1900s, many believed intelligent life had been discovered on Mars. *The Martians*—a bizarre tale reconstructed through newly discovered clippings, letters and photographs—begins in the 1890s with Percival Lowell, a Harvard scion who was so certain of his Mars discovery that he (almost) convinced a generation of astronomers that grainy photographs of the red planet revealed meltwater and an intricate canal system, declaring “there can be no doubt that living beings inhabit our neighbouring world” (*The New York Times*).

So frenzied was the reaction that international controversies arose. Tesla announced he had received Martian radio signals, biologists debated whether Martians were winged or gilled and a new genre called science fiction arose. While Lowell’s claims were debunked, his influence sparked a compulsive interest in Mars and life in outer space that continues to this day.

- David Baron’s *American Eclipse* (9781324094692) was praised as:

“suffused with the peculiar magic and sense of awe that have always attended eclipses, those fraught few minutes when day becomes night, time stands still—and anything seems possible.”— Hampton Sides, *The New York Times* best-selling author of *Blood and Thunder*



Reflections in Black

A History of Black Photographers: 1840 to the Present

Deborah Willis, Foreword by Robin D G Kelley,
Other primary creator Kalia Brooks

The first comprehensive history of Black photographers, *Reflections in Black* returns in this ground-breaking, magnificently produced pictorial collection of African American life

November | £75.00 | Hardback
ISBN 9781324091790
 229 x 305mm | 400 Pages
 544 photographs | PHOTOGRAPHY

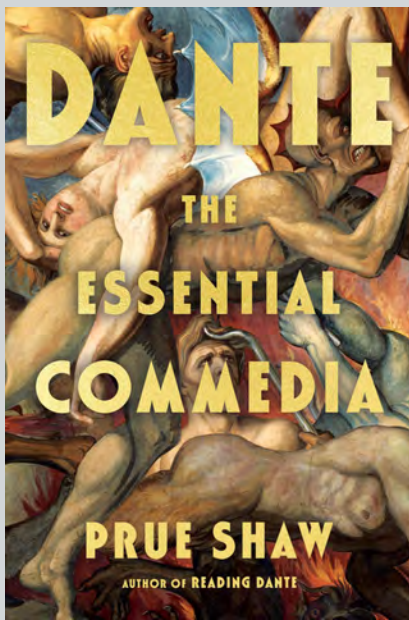
Deborah Willis— a MacArthur and Guggenheim fellow—is a celebrated author, photographer and NYU professor who lives in New York City.

Robin D. G. Kelley wrote the foreword to both editions of *Reflections in Black*. He is the author of several books, including the prize-winning *Thelonious Monk*.

Kalia Brooks, who wrote the coda to the 2025 edition of *Reflections in Black*, is the director of programs and exhibitions at NXTHVN.

Now offering over 500 images from 1840 to the present, this breathtaking work provides rich, moving glimpses of everyday Black life, from slavery to the Great Migration to suburban life, including rare antebellum daguerreotypes, photojournalism of the civil rights era and multimedia portraits of middle-class families, along with a contemporary section depicting images of both joy and mourning, beauty and protest that have indelibly changed the world we know. Featuring the works of undisputed masters such as James VanDerZee, Gordon Parks and Carrie Mae Weems, this expanded edition now includes works from great twenty-first-century artists, including LaToya Ruby Frazier, Lorna Simpson and Phylicia Ghee. *Reflections in Black* is a work so significant that it has the power to reconfigure our conception of American history.

- 25th anniversary edition



Dante: The Essential Commedia

Dante Alighieri and Prue Shaw

Prue Shaw's absorbing, highly accessible introduction to the *Commedia* promises to be the essential edition for years to come

November | £27.00 | Hardback

ISBN 9781324096207

156 x 235mm | 624 Pages

10 illustrations | POETRY

Dante Alighieri was born in 1265 in Florence to a family of minor nobility. He entered into Florentine politics in 1295, but he and his party were forced into exile in a hostile political climate in 1301. Taking asylum in Ravenna late in life, Dante completed his *Divine Commedia*, considered one of the most important works of Western literature, before his death in 1321.

Prue Shaw is an emeritus reader in Italian at University College London. She is the editor of the *edizione nazionale* of Dante's medieval Latin treatise *Monarchia* and of a ground-breaking digital edition of the *Commedia* (freely accessible at www.dantecommedia.it). She lives in Cambridge, England.

Dante's epic story of a man's journey from darkness to the revelation of divine light is one of the greatest works of Western literature. Because of its length and its language, it is viewed as forbidding. Undergraduate courses often cherry-pick from the *Inferno* and barely glance at *Purgatorio* and *Paradiso*.

In *The Essential Commedia*, Prue Shaw fillets the epic to create an absorbing tour of all three realms of the afterlife. Extensive passages, astutely excerpted, are offered in translation alongside the original, making it easy to read Dante in English, Italian or both. The translation into modern, idiomatic English avoids archaisms, padding and syntactic contortions. With no loss of rigour, a complex text is rendered accessible by a teacher whose decades of experience enable her to highlight those aspects of the poem readers will appreciate.

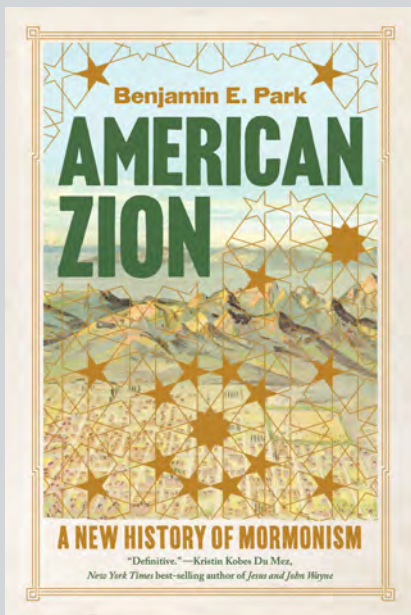
"A source of wonder and envy. . . . It makes us—if we are first-time readers—blink in wonder, or—if we are old hands who thought we knew Dante—feel as though we are understanding him for the first time. . . . Prue Shaw's *Reading Dante* is a joy." — A. N. Wilson, *The Spectator*

"Scholarly, compelling and original... [*Reading Dante* is] as interesting an introduction to Dante as one could hope to find in any language." — David Robey, *Times Literary Supplement*

LIVERIGHT

PAPERBACKS





American Zion

A New History of Mormonism

Benjamin E. Park

The first major history of Mormonism in a decade, drawing on newly available sources to reveal a profoundly divided faith that has nevertheless shaped the nation

August | £15.99 | Paperback

ISBN 9781324096689

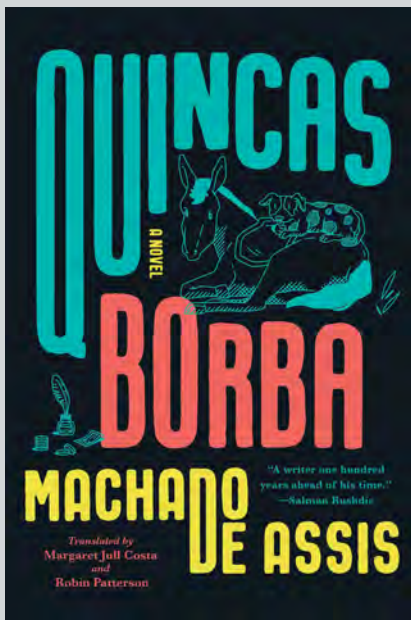
140 x 210mm | 528 Pages

55 images | HISTORY

Benjamin E. Park is associate professor of history at Sam Houston State University. The author of *American Nationalisms* and *Kingdom of Nauvoo*, he has written for *The Washington Post*, *Newsweek* and *Houston Chronicle*. He lives in Conroe, Texas.

The Church of Jesus Christ of Latter-Day Saints was founded by Joseph Smith in 1830 in the so-called burned-over district of western New York, which seemed to produce seers and prophets daily. Most of the new creeds burnt out; Smith's would endure. How Mormonism succeeded—and how it has fundamentally shaped American culture—is the story told by Benjamin Park in *American Zion*. While most prior accounts of the Mormons treat them as a monoculture existing outside the main currents of American life, Park is one of the first to demonstrate that Mormonism became central to American views of religious liberty and minority rights—and that Mormonism has been riven by deep internal divisions over gender, race and sexuality. An enthralling narrative account of the United States' most important homegrown religion, *American Zion* will be seen as the definitive history of Mormonism for years to come.

"...as Benjamin Park, the author of '*American Zion*', a new history of Mormonism, argues... The Church of Jesus Christ of Latter-day Saints, as it is officially known, has long defined itself simultaneously as a product—and an opponent—of America." — *The Economist*



Quincas Borba

A Novel

Joaquim Maria Machado de Assis, Translated by Margaret Jull Costa and Robin Patterson

A satirical tale of a young man flush with newfound wealth who promptly gets swindled, *Quincas Borba* is an inspired critique of nineteenth-century Brazil

August | £13.99 | Paperback

ISBN 9781324096702

140 x 210mm | 352 Pages

FICTION

Joaquim Maria Machado de Assis

(1839–1908) was born in Rio de Janeiro and, as well as his seven short-story collections, wrote such groundbreaking novels as *Posthumous Memoirs of Brás Cubas*, *Dom Casmurro* and *The Alienist*.

Margaret Jull Costa, who has translated Javier Marías and José Saramago, lives in England.

Robin Patterson has translated José Luandino Vieira and lives in England.

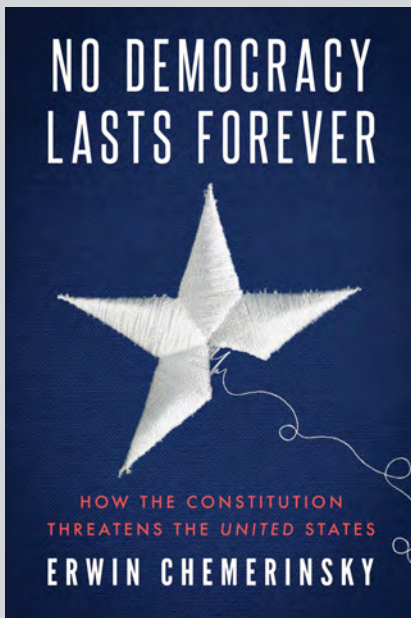
Hailed in his lifetime as Brazil's greatest writer, Machado de Assis (1839–1908) has found a new generation of readers. Originally published in 1891, *Quincas Borba* begins with the death of its titular character, a mad philosopher. Borba leaves his fortune—including his dog, also named Quincas Borba—to Rubião, his loyal caretaker. Adrift in the big, bad world, it isn't long before Rubião is targeted by sycophants, smelling his naïveté. Playfully told by an omniscient and possibly unreliable narrator, the novel is at once irreverent and ambitious, brimming with barbed wit and keen philosophical inquiry. Brilliantly translated by the duo credited with introducing a new generation of readers to Machado through their translations of *Dom Casmurro*, *The Collected Stories and Posthumous Memoirs of Bras Cubas*—*Quincas Borba* is another strikingly modern tale from a blazing progenitor of twentieth-century fiction.

"A writer one hundred years ahead of his time." — Salman Rushdie

"Another Kafka." — Allen Ginsburg

"The creator of a tremendous oeuvre and an inimitable sense of humour." — José Saramago

"In the sureness of pace, the ingratiating swerve, Machado is peerless." — Elizabeth Hardwick



No Democracy Lasts Forever

How the Constitution Threatens the United States

Erwin Chemerinsky

A groundbreaking work from one of America's leading legal scholars, *No Democracy Lasts Forever* audaciously asserts that the only way a polarised America can avoid secession is to draft a new Constitution

September | £14.99 | Paperback

ISBN 9781324096887

142 x 211mm | 240 Pages

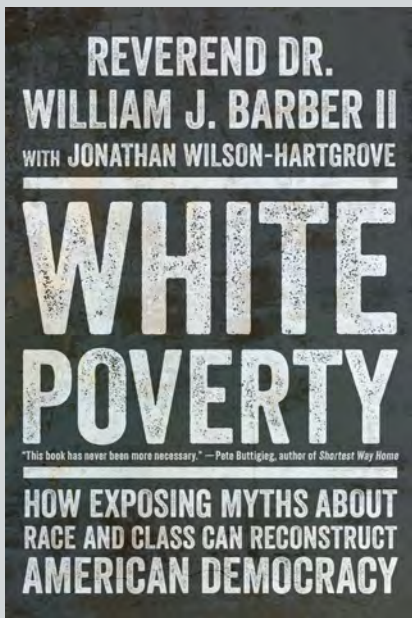
12 illustrations | HISTORY

Erwin Chemerinsky is the dean of the University of California, Berkeley, School of Law. The author of *Presumed Guilty*, *The Conservative Assault on the Constitution* and *The Case Against the Supreme Court*, among many other works, he lives in Oakland, California.

The American Constitution has become a threat to American democracy. Due to its inherent flaws Erwin Chemerinsky, has concluded that the nearly 250-year-old founding document can no longer hold. One might expect that amending the Constitution would solve the problem, yet only fifteen of the 11,848 amendments proposed since 1789 have passed. Chemerinsky contends that without major changes, the Constitution is beyond redemption in that it has created a government that can no longer deal with the urgent issues that threaten America and the world. Despite these troubles, Chemerinsky looks to the past and finds hope that change can happen. Political Armageddon can be avoided, Chemerinsky writes, if the Constitution is rewritten from start to finish.

"[Chemerinsky's] highly readable and timely book makes abundantly clear how the Constitution, far from serving as a bulwark against democratic backsliding, is contributing to the current political woes in the US." — Lawrence Douglas, *The Times Literary Supplement*

"Chemerinsky does make, forcefully, valid points... he's probably right that, in a highly polarized electorate like ours, we are apt to see this happen fairly regularly. The problem is not so much that the wrong person wins as that the public loses faith in the process." — Louis Menand, *The New Yorker*



White Poverty

How Exposing Myths About Race and Class Can Reconstruct American Democracy

William J. Barber, With Jonathan Wilson-Hartgrove

A generational work with far-ranging social and political implications, *White Poverty*, promises to be one of the most influential books in recent years.

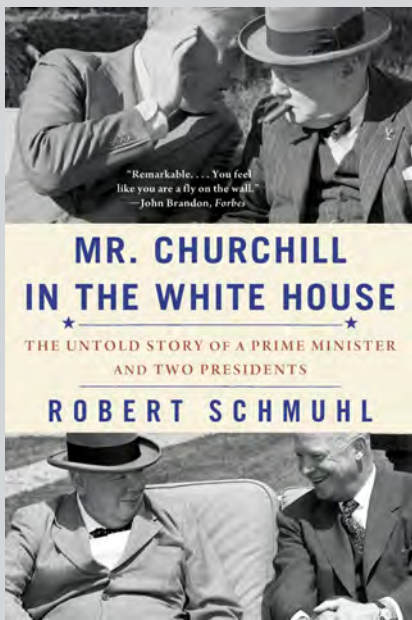
September | £13.99 | Paperback
 ISBN 9781324096757
 140 x 210mm | 288 Pages
 12 illustrations | SOCIAL SCIENCE

Reverend William J. Barber II is a Protestant minister, social activist, professor and founding director of the Center for Public Theology and Public Policy at Yale Divinity School. President of Repairers of the Breach, Barber led the Poor People’s Campaign’s March on Washington in June 2024.

Jonathan Wilson-Hartgrove is founder of the School for Conversion and assistant director of the Center for Public Theology and Public Policy at Yale Divinity School.

Challenging the definition of who is poor in America, in *White Poverty*, William J. Barber II writes about the lies that prevent us from seeing the pain of poor white American families who have been offered little more than their “whiteness” and angry social media posts to sustain them in an economy where the costs of housing, healthcare and education have skyrocketed while wages have stagnated for all but the very rich. *White Poverty*, gives hope for a new “moral fusion movement” that seeks to unite people “who have been pitted against one another by politicians (and billionaires) who depend on the poorest of us not being here.” One of the most empathetic and visionary approaches to American poverty in decades, Barber braids poignant autobiographical recollections with astute historical analysis, contending that tens of millions of America’s poorest earners have much in common.

"Today voter suppression, a widespread sense of powerlessness from years of being held down, and the decline of unions have combined to undercut the political power of the American poor. Reverend Barber wants to change that. In exploited, left-behind communities where others too often see only desperation and misery, Barber sees power. Where others see division, Barber sees the potential for unity. And where others descend into hopelessness, Barber expresses a prophetic imagination."
 — Matthew Desmond, *The New York Review of Books*



Mr. Churchill in the White House

The Untold Story of a Prime Minister and Two Presidents

Robert Schmuhl

“Robert Schmuhl admirably captures the vitality and cunning of Churchill’s D.C. residency with consummate skill, colorful anecdotes, and crisp historical analysis.”

October | £15.99 | Paperback

ISBN 9781324097075

140 x 210mm | 384 Pages

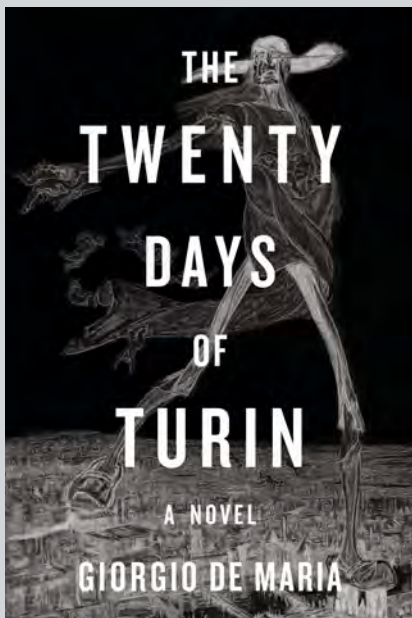
25 black-and-white illustrations throughout | HISTORY

Robert Schmuhl is the Walter H. Annenberg–Edmund P. Joyce Chair Emeritus in American Studies and Journalism at the University of Notre Dame. He’s the author or editor of fifteen books, including *The Glory and the Burden* about the US presidency.

Scores of biographies have been written about Winston Churchill, yet none examine his frequent, sometimes furtive, trips to the White House, where he resided for weeks on end. These extended visits during his two terms as prime minister were spirited, even entertaining, occasions. Yet, in retrospect, they take on a new level of diplomatic significance, demonstrating just how influential a foreign leader can become in shaping American foreign policy. Drawing on years of research, Robert Schmuhl not only contextualises the days Churchill, Franklin D. Roosevelt and Dwight D. Eisenhower spent together but also vividly portrays the individual characters, from Churchill himself—a devoted fisherman who never stopped “angling”—to a resentful Eleanor Roosevelt. Diaries, letters, government documents and memoirs supply the archival foundation and colour for each Churchill visit, providing a wholly novel perspective on one of history’s most perplexing and many-faceted figures.

“Mr. Churchill in the White House showcases an essential point about the great Englishman’s visits to the United States. Common history and shared intentions will move nations in the same direction. Yet sometimes it takes the force of personality to bind them together.” — Michael O’Donnell, *The Wall Street Journal*

“Schmuhl’s book is thoroughly researched... and sets out an unvarnished truth.” — Simon Heffer, *The Telegraph*



The Twenty Days of Turin

A Novel

Giorgio De Maria, Translated by Ramon Glazov, Foreword by Jeff VanderMeer

An NPR Best Book of the Year

Vulture • "15 Must-Read Translated Books From the Past 5 Years"

November | £10.99 | Paperback

ISBN 9781324095514

140 x 210mm | 224 Pages

FICTION

Giorgio de Maria (1924–2009) was a pianist, critic, playwright and novelist. He wrote four novels, the best remembered of which is *The Twenty Days of Turin*.

Ramon Glazov has contributed to many US and Australian publications, including *Jacobin* and *Tincture Journal*. He splits his time between Perth and Turin.

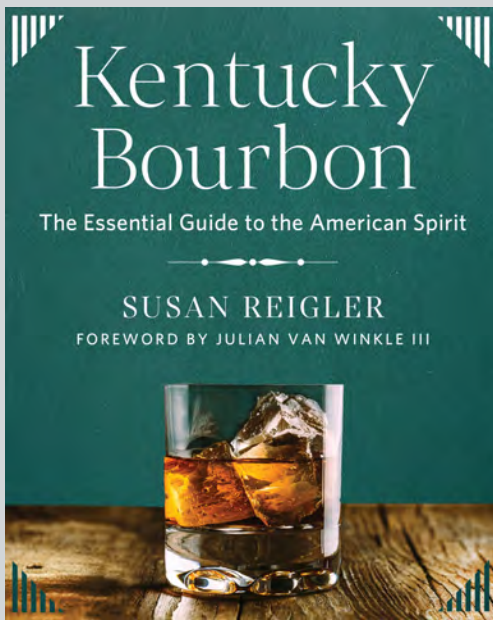
An allegory inspired by the grisly neo-fascist campaigns of its day, *The Twenty Days of Turin* has enjoyed a cult following in Italy for forty years. Now, in a fretful new age of "lone-wolf" terrorism fuelled by social media, we find uncanny resonances in Giorgio De Maria's vision of mass fear: a mute, palpating dread that seeps into every moment of daily existence. With its stunning anticipation of the Internet—and the apocalyptic repercussions of oversharing—this bleak, prescient story is more disturbingly pertinent than ever.

Brilliantly translated into English for the first time by Ramon Glazov, *The Twenty Days of Turin* establishes De Maria's place among the literary ranks of Italo Calvino and beside classic horror masters. Hauntingly imaginative, with viscerally chilling prose, the novel is an eerily clairvoyant magnum opus.

COUNTRYMAN PRESS

NEW TITLES





Kentucky Bourbon

The Essential Guide to the American Spirit

Susan Reigler, Foreword by Julian Van Winkle

Raise your glass to the liquid bounty of the Bluegrass State with this lavish, comprehensive companion

August | £25.00 | Hardback

ISBN 9781682688755

203 x 254mm | 248 Pages

more than 200 photos | COOKING

Susan Reigler advises the Council of Whiskey Masters and sits on the Bourbon Women Association board of directors. She lives in Louisville, Kentucky.

Julian Van Winkle III, grandson of "Pappy," is a member of the Kentucky Bourbon Hall of Fame and the first James Beard Award winner from Kentucky. He lives in Louisville, Kentucky.

Celebrate Kentucky bourbon by exploring the history of the drink, its heritage, influence and how production affects what you taste in the glass. Each chapter of this handsomely illustrated volume profiles one distillery, featuring engaging stories of its origins, evolution and initiatives for the future. Tasting notes for recommended bottles include popular favourites and worthy splurges so you can learn more about your preferred drams and discover exciting new expressions to try. Capsule biographies illuminate the achievements of distillers and other colourful characters alongside archival images and gorgeous photography that bring the fields, stills, rickhouses, bottles and whiskeys to life. This thorough compendium highlights must-visit events and attractions near the distilleries, allowing you to plan a pilgrimage or relive the experience of a lifetime, and helping you to enjoy Kentucky bourbon all its splendour.



What Kind of Dog Is That?

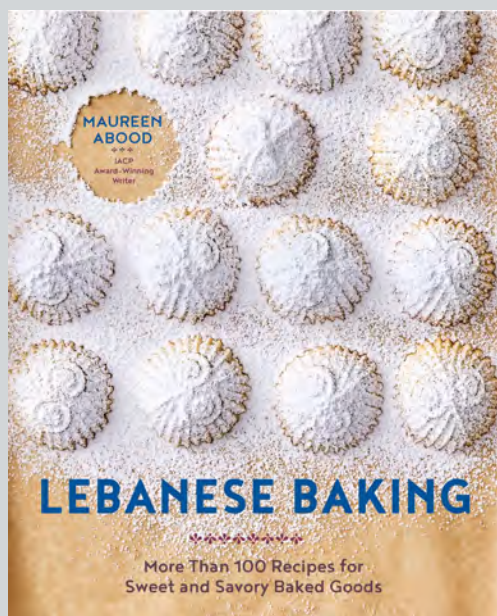
Grace Chon, Foreword by David Haworth

Grace Chon, author of *Puppy Styled*, is back with more joyful portraits of dogs—this time showcasing adorable mutts alongside their breed DNA breakdown

September | £12.99 | Hardback
ISBN 9781682689646
178 x 178mm | 128 Pages
100 photographs | PETS

Grace Chon is a photographer, recognised for her expressive animal portraits. Author of *Waggish*, she and her work have been featured by *Good Morning America*, *The Today Show*, *The Bark* magazine, *Huffington Post*, *BuzzFeed* and *Oprah*. She lives in Los Angeles, California.

A mixed-breed dog is unique and the question “What kind of dog is that?” is one that owners are all too familiar with. With the advent of DNA testing for dogs, they finally have their answer. In this book, photographer Grace Chon pairs dogs’ genetic breakdown with distinctive portraits of the pups. She captures what we love most about these special pets and how they stand apart from the pack in fun and unexpected ways. The DNA results provide insight to the mash-up of cuteness, from long bodies and stubby legs to that one floppy ear that refuses to stand up straight. With a fascinating explanation of the research, the book is as unique as its dogs. Sometimes funny, sometimes surprising and always exceptionally lovable, this book is a must-have for dog lovers.



Lebanese Baking

More Than 100 Recipes for Sweet and Savory Baked Goods

Maureen Abood

Savour the rich, multilayered baking traditions of Lebanon with this definitive compendium from an IACP Award-winning writer

October | £27.00 | Hardback

ISBN 9781682688984

203 x 254mm | 304 Pages

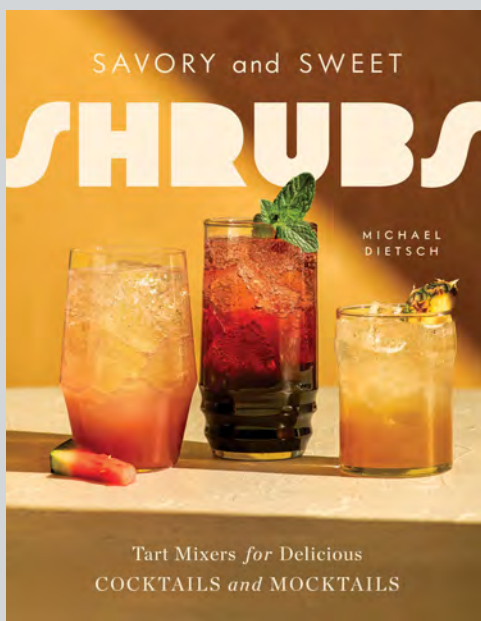
more than 100

photographs | COOKING

Maureen Abood is the author of *Rose Water & Orange Blossoms*, a Michigan Notable Book and an IACP finalist for Best International Cookbook. A second-generation Lebanese American, food educator, writer and recipe developer, she lives in Harbor Springs and East Lansing, Michigan.

Maureen Abood's authoritative cookbook celebrates the delicious baked goods of Lebanon with traditional recipes and modern innovations. Indulge in Baklawa Diamonds, Triple Chocolate Baklawa and even Baklawa Cheesecake. Delight in Mocha Cardamom Snack Cakes, Turmeric Tea Cake or Pomegranate Mousse Cake with Lime Icing. Enjoy Fig Crescents, Raspberry Rose Water Macarons and Glazed Ka'ak Shortbread. For something savoury, tuck into Kale and Feta Fatayer, Muhammara Manakeesh and Za'atar Croissants.

Learn how to simplify and streamline, with time-saving tips for preparing baklawa and how to make saj bread without a dome oven. Gorgeous food photography highlights the warmth of Abood's kitchen and helpful process shots guide you, step by step, through tricky techniques. Recipe variations include vegan and nut-free options, and a helpful glossary and pronunciation guide rounds out this mouthwatering collection.



Savory and Sweet Shrubs

Tart Mixers for Delicious Cocktails and Mocktails

Michael Dietsch

A long-awaited new book from the original shrubs aficionado—recipes for the vintage mixer made modern with zesty herbs and spices.

October | £19.99 | Hardback

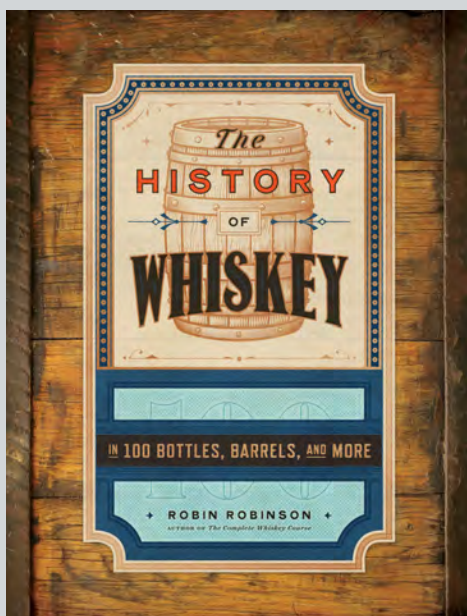
ISBN 9781682689677

178 x 229mm | 176 Pages

75 photographs | COOKING

Michael Dietsch is a writer, editor and accidental bartender. He is a contributor at *Serious Eats*, and writes about spirits and cocktails at the website *A Dash of Bitters*. The author of *Shrubs* and *Whiskey*, he lives in Reston, Virginia, with his family.

Michael Dietsch took the mixology community by storm with *Shrubs*, the definitive guide to making and using the vinegar-based drink mixer. In this companion collection, he expands on the concoction's versatility by embracing the fresh flavours of herbs and spices. From mint, sage, nutmeg and peppercorn to rosehip, vanilla, and green and black teas, readers will love experimenting with infusions like Cilantro Lime Jalapeño, Passion Fruit Basil and Guava Vanilla Honey. Dietsch provides recipes for 50 shrubs as well as dozens of cocktails, mocktails and craft sodas that feature them. Readers will fall in love with refreshments like Gin Cocktail with Pomegranate, Grapefruit and Ginger and Strawberry Habanero Spring Cocktail. Complete with full-colour photography, *Savory and Sweet Shrubs* is a must-have addition to every bar bookshelf.



The History of Whiskey

in 100 Bottles, Barrels, and More

Robin Robinson

Explore the people, discoveries and innovations that created the “water of life” in this compelling, richly illustrated narrative

October | £23.00 | Hardback

ISBN 9781682689103

178 x 229mm | 248 Pages

125 photographs | COOKING

Robin Robinson is the author of *The Complete Whiskey Course*, a *Whiskey Advocate* Must-Read Book. He created the Whiskey Smackdown tasting series, taught at the Culinary Institute of America and Moonshine University, and lectures frequently. He lives in New Jersey.

In this beautiful volume, renowned whiskey educator Robin Robinson skilfully chronicles the dynamic evolution of whiskey. In the Middle Ages, monasteries distilled spirits initially to make medicine. After Henry VIII dissolved the monasteries, production shifted from clergy to farmers and the route to whiskey began. In the 1700s and 1800s, as the British Empire colonised the globe, waves of European emigrants brought the beverage to Australia, Canada, India, Japan and elsewhere. Surveying the evolution of Scotch, the birth of bourbon and rye, and the importance of family ties, quality control, corporatisation and marketing, this comprehensive compendium details the global impact of the beverage conglomerates, the world’s most expensive Scotch, the 2011 surprising change to ageing bourbon in export barrels and more. With gorgeous art, this is an inviting tribute to your favourite dram.



Inspired by Cats

Writers and Their Mews(es)

Bob Eckstein and Nava Atlas

Distinctive illustrations and charming stories celebrating the pawsitively purrfect relationships between renowned authors and their beloved cats

October | £22.00 | Hardback Paper over boards

ISBN 9781682689493

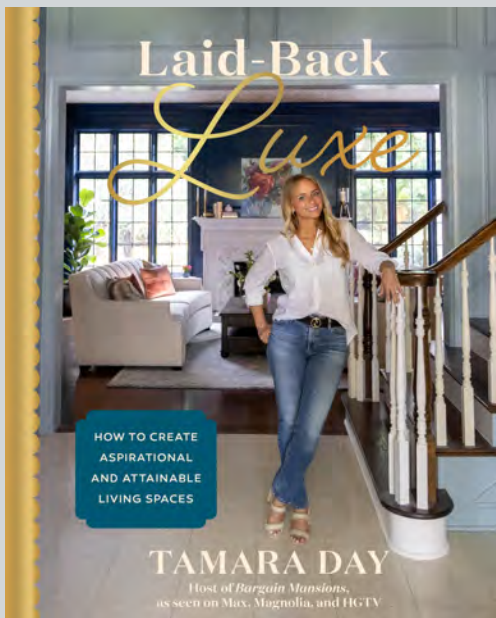
178 x 254mm | 136 Pages

65 illustrations | PETS

Bob Eckstein is an award-winning illustrator, writer and cartoonist. He is the author of *Footnotes from the World's Greatest Bookstores*, *The Complete Book of Cat Names*, *The History of the Snowman*, *The Ultimate Cartoon Book* and more.

Nava Atlas is the author of many vegetarian and vegan cookbooks, as well as visual nonfiction books, including *The Literary Ladies' Guide to the Writing Life*. She lives and works in New Paltz, New York.

Cats and writers are a match made in book heaven. Cats share a tendency to be introverts, as are many writers. Cats have served as trusted desk mates from the composition of a single poem to the creation of the first English dictionary. In this collection, author-illustrator duo Nava Atlas and Bob Eckstein capture these endearing relationships in *Inspired by Cats*, a witty and sophisticated collection profiling 60 famous authors and their beloved feline companions. Novelists, poets, humourists, short story writers and memoirists from all eras are represented, from Margaret Atwood, Edward Gorey and Judy Blume to Toni Morrison, Ernest Hemingway and Jun'ichiro Tanizaki. Stylishly illustrated and full of charming, touching, and sometimes humorous anecdotes of history's most notable cat-loving writers, *Inspired by Cats* represents both cat enthusiasts and literature lovers in full colour.



Laid-Back Luxe

How to Create Aspirational and Attainable Living Spaces

Tamara Day

From the host of Magnolia Network's *Bargain Mansions*, discover the secrets to creating an elegant, comfortable, meaningful home.

November | £30.00 | Hardback
ISBN 9781682689370
203 x 254mm | 256 Pages
100+ illustrations | HOUSE & HOME

Tamara Day hosts Magnolia Network's hit show *Bargain Mansions*. She owns Tamara Day Design, a design, furniture, décor and lifestyle business, and won a prestigious Pinnacle Award for floor coverings and decorative accessories. She lives in Leawood, Kansas, with her husband and four children.

On *Bargain Mansions*, Tamara Day transforms old houses by infusing them with modern design and style while honouring the structures' history and integrity. Now, she shows you how to update and elevate your own home. Each chapter of this design guide focuses on one area, from exteriors and entryways to bedrooms and bathrooms. Gorgeously illustrated with before-and-after shots, the book features action steps for a wide range of budgets and dwellings, storage solutions for every space and never-before-seen photos of Day's home and recent projects. The book shares her design principles and includes an array of options from easy weekend projects to planning a more hands-on renovation. With Day's expert guidance, relaxed luxury has never been easier to achieve.



My Harvest Kitchen

100+ Recipes to Savor the Seasons

Gesine Bullock-Prado

In this highly anticipated follow-up to her best-selling cookbook, *My Vermont Table*, Gesine Bullock-Prado celebrates seasonal homegrown ingredients

November | £27.00 | Hardcover

ISBN 9781682689165

203 x 254mm | 288 Pages

more than 100

photographss | COOKING

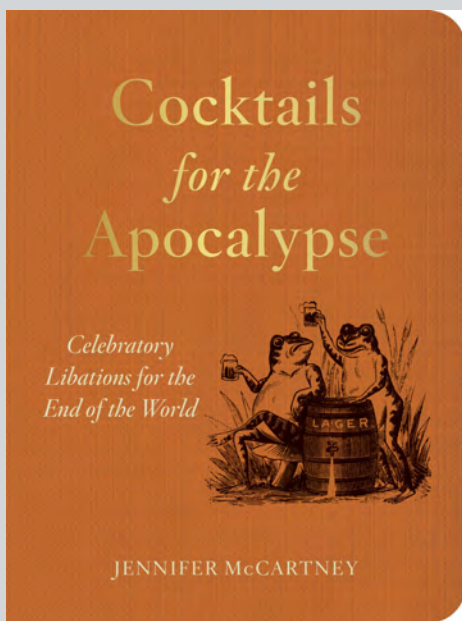
Gesine Bullock-Prado is a pastry chef, baking instructor and the author of six books. She hosts Food Network's *Baked in Vermont* and is the creator, producer and co-host of the forthcoming show, *Cookin' It Old School*. She has appeared as a baking judge on Food Network's *Christmas Cookie Challenge*, *Beat Bobby Flay* and *Cupcake Challenge*.

In this new cookbook, Gesine Bullock-Prado invites her fans into her kitchen, where the harvest is local. Whether she's picked the lettuce from her own garden, visited a farmers' market or shopped at the local grocery store, her seasonal cooking is accessible to all. Delicious recipes share the page with fan-favourite family stories and tips on growing food, understanding the soil and more for aspirational (and actual) gardeners.

Bullock-Prado once dreamed of self-sufficiency—living off the land, cooking pies with scavenged berries, keeping bees and foraging all things wild—but was not wholly successful. Her hybrid approach is on display here, and she encourages readers to be realistic and celebrate fresh ingredients wherever they were grown. From Zucchini Waffles to Pickled Peaches, Peony Jelly to Preserved Lemons, these are dishes to make time and again.

**COUNTRYMAN
PRESS
PAPERBACKS**





Cocktails for the Apocalypse

Celebratory Libations for the End of the World

Jennifer McCartney

Go from end-times to party time with 75 brand-new cocktail recipes from *The New York Times* best-selling author of *Cocktails for Drinkers*

November | £14.99 | Flexibound

ISBN 9781682689394

140 x 191mm | 128 Pages

50 illustrations | COOKING

Jennifer McCartney is the *The New York Times* best-selling author of *Cocktails for Drinkers*, *The Joy of Leaving Your Sh*t All Over the Place*, *The Rodent Not Taken* and more. She has written for the *Atlantic*, *Teen Vogue*, *Curbed* and elsewhere. McCartney lives in Brooklyn, New York.

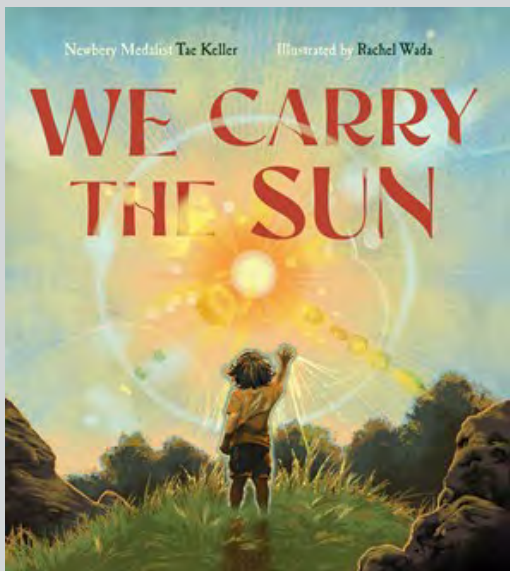
The oceans are burning. The deserts are flooding. UFOs are real. There's also the threat of nuclear war, regular war and we're in the midst of the sixth mass extinction. What better moment than now to take a big, long celebratory drink? We did it! We ruined everything! Don't stress—*Cocktails for the Apocalypse* contains the secrets to survival in unprecedented times.

These new and classic cocktails from Jennifer McCartney will help readers remember to enjoy what we've got and laugh when we need to. Recipes include the *Martian Martini*, to welcome our new overlords; the *Virtual Cosmo*, since remote work is the new hell reality; and the *Nuclear Sunrise*, so you enjoy plenty of tequila while soaking up the radiation poisoning. No matter the occasion, there's an easy-to-make cocktail here for you.

NORTON YOUNG READERS

NEW TITLES





We Carry the Sun

Tae Keller, Illustrated by Rachel Wada

Newbery Medallist Tae Keller’s debut picture book is a resplendent account of humankind’s relationship with our most precious resource: the sun

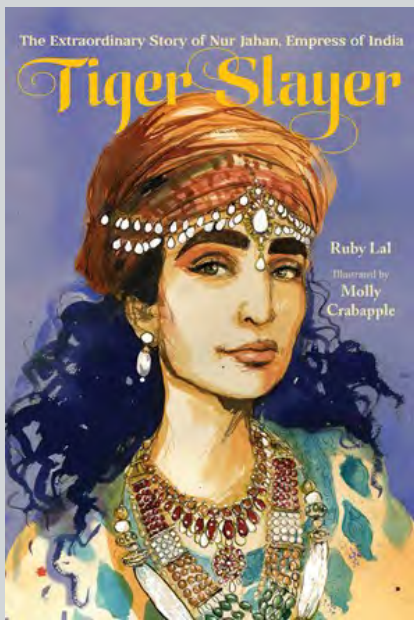
August | £13.99 | Hardcover
ISBN 9781324031123
 262 x 287mm | 48 Pages
 full-colour throughout | JUVENILE
 NONFICTION

Tae Keller is the Newbery Medal-winning and *The New York Times* best-selling author of *When You Trap a Tiger*, *Jennifer Chan Is Not Alone* and *The Science of Breakable Things*. She lives in Seattle, Washington.

Rachel Wada is a freelance illustrator and designer. She lives in Vancouver, British Columbia, Canada.

From the first human settlements to today’s modern metropolises, we have always relied on the sun for light, energy and sustenance. *We Carry the Sun* traces the history of solar power from ancient south-facing villages to the Industrial Age and modern innovators; and from solar-powered steam engines to silicon solar panels.

Lyrical and informed, Tae Keller’s debut picture book is also a timely call to action that asks young readers to imagine a brighter, cleaner future. Illuminated by Rachel Wada’s radiant, eye-catching illustrations, *We Carry the Sun* is a tribute to pioneering thinkers, a celebration of humankind’s relationships with the natural world and a shimmering ode to the resource that sustains us.



Tiger Slayer

The Extraordinary Story of Nur Jahan, Empress of India

Ruby Lal, Illustrated by Molly Crabapple

The dramatic and immersive story of an ambitious young empress who was the only woman to ever rule the Mughal Empire

August | £14.99 | Hardcover

ISBN 9781324030331

152 x 229mm | 192 Pages

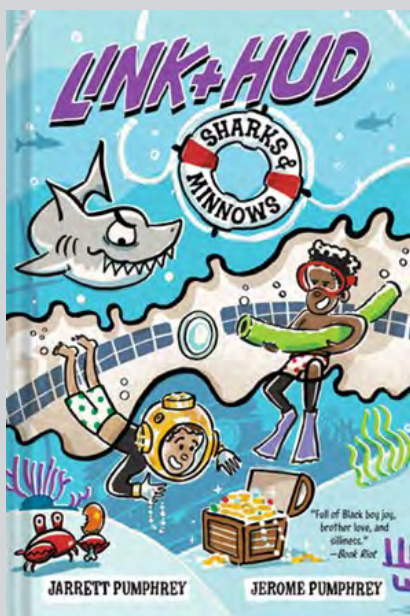
full colour throughout | JUVENILE
NONFICTION

Ruby Lal is an award-winning historian of India and professor of South Asian history at Emory University whose writing has appeared in *Time* and *BBC History*. She is the author of *Empress: The Astonishing Reign of Nur Jahan*, which was a finalist for the Los Angeles Times Book Prize. Her most recent book, *Vagabond Princess: The Great Adventures of Gulbadan*, was longlisted for the prestigious Cundill History Prize and received praise from the BBC, *The Wall Street Journal* and *The Times Literary Supplement*. She divides her time between Atlanta, Georgia and Delhi, India.

Molly Crabapple is an artist and writer whose articles and art have appeared in the *The New York Times*, *The New York Review of Books*, *The Paris Review*, *Rolling Stone* and *The New Yorker*. Her work has been nominated for three Emmys, has been longlisted for the National Book Award and is in the permanent collection of the Museum of Modern Art. She lives in New York City.

More than four centuries ago in India, a Muslim woman ruled a magnificent empire: Nur Jahan, whose name means “light of the world”. Nur led troops into battle atop an elephant, hunted tigers, designed public buildings and issued coinage and royal decrees in her own name. In a world dominated by men, her astute handling of court politics and affairs of state propelled her to the position of co-sovereign of the vast Mughal empire—and made her mighty enemies who would plot to bring about her downfall.

Tiger Slayer combines the gifts of historian Ruby Lal and artist Molly Crabapple to uncover the vibrant and diverse culture of Mughal India and tell the compelling story of a daring, brilliant woman who achieved unequalled power and fame.



Link + Hud: Sharks & Minnows

Jerome Pumphrey and Jarrett Pumphrey

Link and Hud are back with more mischief and mayhem in the series “full of Black boy joy, brother love, and silliness” (*Book Riot*).

August | £11.99 | Hardcover
 ISBN 9781324016113
 145 x 218mm | 192 Pages
 Black-and-white illustrations
 throughout | JUVENILE FICTION

Jerome Pumphrey is an author/illustrator and a graphic designer at the Walt Disney Company. He lives in Austin, Texas.

Jarrett Pumphrey is an author/illustrator and the former cofounder and CEO of a tech startup. He lives in Austin, Texas.

Lincoln and Hudson Dupré are ready for their summer holiday to the coast. The ocean is perfect for their escapades but when their dad cuts their trip short, it seems like the end of Link and Hud’s aquatic adventures—until they run into the ultra-competitive Donaldson brothers, who are on the local swimming team. The Sharks and Coach Strickler will do anything to win and they’re not welcoming. Well, if Link and Hud can’t join the Sharks, they’ll set up their own “swimming team”, with events like deep-sea treasure hunting and supersonic water walking. When Coach Strickler tries to shut down their team, Link and Hud and their Mighty Minnows must outswim and outsmart the Sharks to keep the fun afloat.

With warmth and humour, brothers Jarrett and Jerome Pumphrey blend prose and graphic novel-style illustrations to craft a subversive new series.



when the world is puddle-wonderful

E. E. Cummings, Illustrated by Blanca Gómez

Vivid, joyful poetry and bright, whimsical artwork combine in a delightful picture book collection of E. E. Cummings's verse that tracks the seasons of the year

November | £14.99 | Hardcover
ISBN 9781324086871
 229 x 279mm | 32 Pages
 full-colour throughout | JUVENILE
 FICTION

E. E. Cummings (1894–1962) was amongst the most influential, widely read and revered modernist poets. He was also a playwright, a painter and a writer of prose. He studied at Harvard University and, during the First World War, served with an ambulance corps in France. He spent three months in a French detention camp and subsequently wrote *The Enormous Room*, a highly acclaimed criticism of the First World War. After the war, Cummings returned to the States and published his first collection of poetry, *Tulips & Chimneys*, which was characterised by his innovative style: pushing the boundaries of language and form while discussing love, nature and war with sensuousness and glee. He spent the rest of his life painting, writing poetry and enjoying widespread popularity and success.

Blanca Gómez is a children's book author and illustrator, most recently of Emma Straub's *Very Good Hats*. She lives in Madrid, Spain.

Welcome to a marvellous almanac of E. E. Cummings's poetry, from the showers, puddles and birdsong of spring to the beaches and sun of summer, Halloween, November sunsets, snowfalls and little silent Christmas trees. Now published as the first-ever picture book collection of Cummings's poems and imagined for contemporary readers with beloved artist Blanca Gómez's sprightly and charming illustrations, *when the world is puddle-wonderful* bursts with joy and wonder at the world around us.



The Old Sleigh

Jarrett Pumphrey and Jerome Pumphrey

Caldecott Honorees Jarrett and Jerome Pumphrey deliver heart, hope, and holiday cheer in this magical companion to *The Old Truck* and *The Old Boat*.

December | £14.99 | Hardcover
 ISBN 9781324054122
 276 x 229mm | 48 Pages
 full-colour throughout | JUVENILE
 FICTION

Jarrett Pumphrey is an author/illustrator and the former cofounder and CEO of a tech startup. He lives in Austin, Texas.

Jerome Pumphrey is an author/illustrator and a graphic designer at the Walt Disney Company. He lives in Austin, Texas.

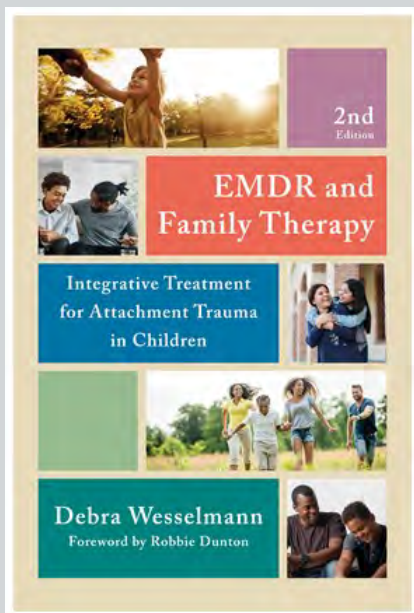
On a cold winter's night of deep snow, an old sleigh delivers needful things—firewood for warmth, joyous rides through the snow and presents for loved ones. But as the town takes these gifts, the sleigh is given less care and lies broken and abandoned—until another snowbound night and a new family give the old sleigh new life and purpose.

This enchanting picture book from acclaimed creators Jarrett and Jerome Pumphrey celebrates family, friendship and simple acts of giving.

**NORTON
PROFESSIONAL
BOOKS**

NEW TITLES





EMDR and Family Therapy

Integrative Treatment for Attachment Trauma in Children

Debra Wesselmann

A practical guide to treating children suffering from early attachment trauma—now updated and revised

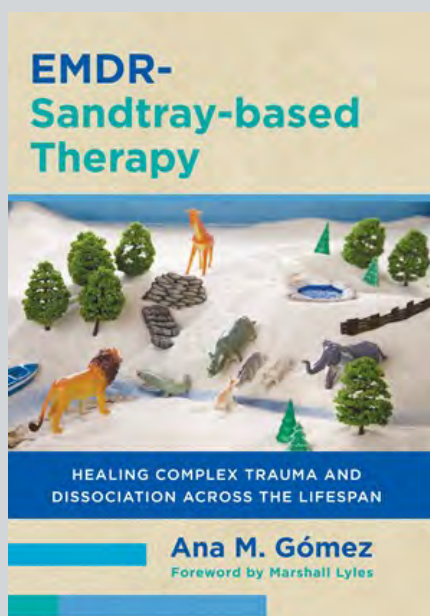
August | £28.99 | Paperback
ISBN 9781324053354
 152 x 229mm | 336 Pages
 7 black-and-white | PSYCHOLOGY

Debra Wesselmann, MS, LIMHP, specialises in treating trauma and attachment problems in adults, children and families. She is an EMDR Institute facilitator and EMDRIA-approved consultant, as well as cofounder of the Attachment and Trauma Center of Nebraska in Omaha, Nebraska.

Loss of a parent, separations, abuse, neglect or a history of a difficult foster or orphanage experience can lead to profound emotional dysregulation in children. Working with these children can feel overwhelming for clinicians. But by integrating EMDR with family therapy, clinicians can strengthen parent-child attachment bonds and help to mend the early experiences that drive a traumatised child's behaviour.

This manual—an update to Debra Wesselmann's popular *Integrative Team Treatment for Attachment Trauma in Children*—provides clear, step-by-step application of the Integrative Attachment Protocol for Children (IATP-C). In this treatment, psychoeducation assists parents in developing trauma-informed responses to their children's challenging behaviours, while family therapy and EMDR therapy deepen children's bonds with parents; improve self-awareness, self-regulation and self-worth; and assist children with making sense of their traumatic pasts. Any EMDR-trained clinician—or any clinician pairing with an EMDR therapist—can implement this treatment approach to heal suffering from attachment trauma and offer children and their families a better future.

- A paperback original



EMDR-Sandtray-based Therapy

Healing Complex Trauma and Dissociation Across the Lifespan

Ana M. Gómez

A powerful, multimodal approach for trauma healing

September | £28.99 | Paperback

ISBN 9781324053651

178 x 254mm | 448 Pages

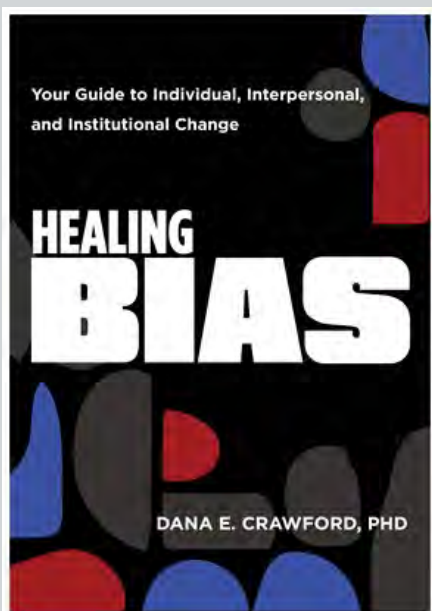
8 page colour inserts; 69 black-and-white illustrations | PSYCHOLOGY

Ana M. Gómez, MC, LPC, AGATE Institute director, is a leading expert and global speaker on complex trauma and dissociation in youth. The author of multiple books, therapeutic tools and training programmes, she is a fellow of the ISSTD and the recipient of the 2023 Francine Shapiro Award from EMDRIA. She resides in Phoenix, Arizona.

Sandtray therapy offers a powerful symbol, image and metaphor-based pathway to healing, while EMDR therapy activates information processing to integrate and assimilate traumagenic memories. Both are powerful approaches for working with clients suffering from complex trauma, and when combined, EMDR-sandtray-based therapy offers multiple roads into the traumatogenic memory networks that may not be accessible otherwise, enhancing the delicate work of healing the legacy of complex trauma.

This book introduces a multimodal approach to trauma healing that integrates principles from various methodologies. With a wealth of resources, case examples, hands-on strategies and moment-to-moment decision-making markers, it is a practical and comprehensive guide for EMDR and sandtray clinicians, experts and novices alike. Various delivery formats for this therapy are explored, including individual, group, family and dyadic modalities, thus offering robust pathways for healing.

- A paperback original



Healing Bias

Your Guide to Individual, Interpersonal, and Institutional Change

Dana E. Crawford

Bias develops systematically—we must dismantle it systematically, too

October | £23.00 | Paperback

ISBN 9781324053149

178 x 254mm | 432 Pages

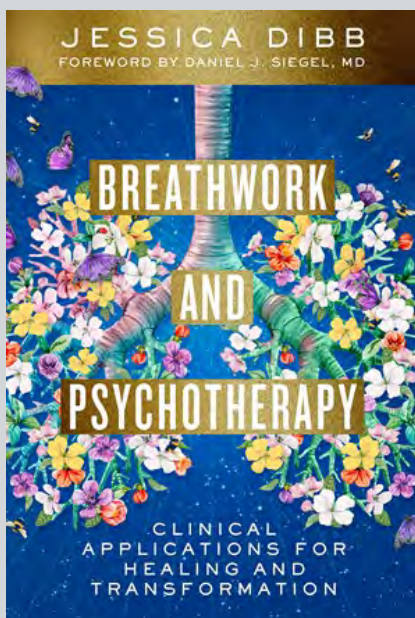
SOCIAL SCIENCE

Dana E. Crawford, PhD, is a clinical psychologist who leads between one hundred and two hundred workshops annually on reducing bias, while also maintaining a thriving private practice. She enjoys reading about zombies, Afro-futurism and self-development. She resides in New York City.

Human bias developed from a survival instinct which flagged difference and change as a potential threat to resources. Yet even when resources are no longer in question, previous fears and biases remain—and with globalisation, the communication of these biases is perpetuated. In short, bias is not a question of one's character, but a socially transmitted disease. The Crawford Bias Reduction Theory & Training approach is a systematic approach to reducing this transmission.

This book offers a blueprint for addressing bias in all facets of life, emphasising its impact on personal growth and community health. It provides a clear, structured method for recognising and combating bias, combining clinical insight with practical strategies for everyday application. With real-life examples and actionable advice, *Healing Bias* translates complex ideas into relatable, empowering solutions. Written from a clinical psychology perspective, it balances academic depth with real-world relevance, making it an essential guide for anyone looking to build deeper, more inclusive connections.

- A paperback original



Breathwork and Psychotherapy

Clinical Applications for Healing and Transformation

Jessica Dibb, Foreword by Daniel J. Siegel

A journey into the power of conscious breathing for therapy and everyday life

October | £24.99 | Paperback
ISBN 9780393712001
 152 x 229mm | 432 Pages
 16 black-and-white | PSYCHOLOGY

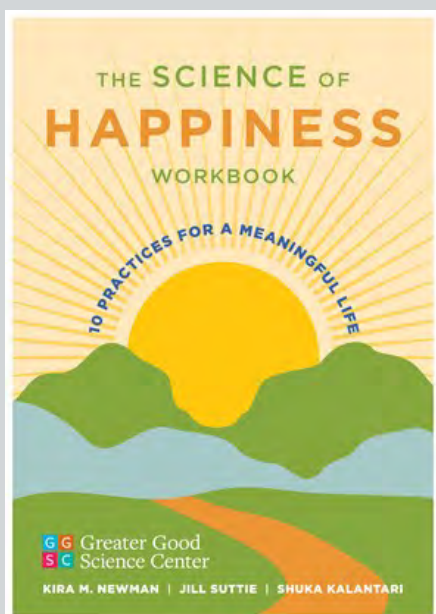
Jessica Dibb, codirector of The Global Professional Breathwork Alliance, helps form international breathwork training standards and ethics. As founding director of Inspiration Consciousness School, Jessica creates highly integrated breathing-centred programmes for somatic, emotional, cognitive and spiritual healing and development.

Noted neuropsychiatrist **Daniel J. Siegel, MD**, is clinical professor of psychiatry at the University of California Los Angeles School of Medicine, and executive director of the Mindsight Institute in LA. He is founding editor of the Norton Series on Interpersonal Neurobiology.

Breathing is at the centre of our lives, yet we are only beginning to tap into its full potential as a tool for healing. Conscious breathing is a powerful mechanism for transforming our physiological, emotional and brain states, and is the fastest way to cultivate integrated presence. However, its full capacity for facilitating healing, personal development, stronger relationships, self-actualisation, and personal and collective love is vastly unrecognised and underutilised.

In this book, breathwork expert Jessica Dibb offers compelling reasons to integrate the power of breathwork with psychotherapy and other healing and wellness practices. Here readers will find inspiration for daily breathwork practice as well as the methods, case examples and actionable advice needed to incorporate breathwork into therapeutic sessions. Seamlessly marrying ancient wisdom with contemporary science, this insightful guide is for clinicians, breathwork practitioners and anyone interested in exploring the transformative power of breath.

- A paperback original



The Science of Happiness Workbook

10 Practices for a Meaningful Life

Greater Good Science Center, Kira M. Newman, Jill Suttie and Shuka Kalantari

A practical, research-based guide to cultivating greater wellbeing and stronger relationships for everyone

September | £19.99 | Paperback

ISBN 9781324019206

178 x 254mm | 240 Pages

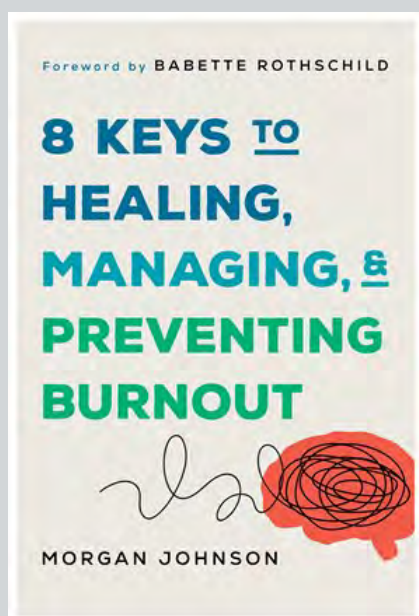
12 black-and-white tables | SELF-HELP

Based at the University of California, Berkeley, the Greater Good Science Center studies the psychology, sociology and neuroscience of well-being and teaches skills that foster a thriving, resilient and compassionate society. Its programmes include *Greater Good* magazine and “The Science of Happiness” podcast.

If we’re seeking more happiness in our lives, it can be challenging to figure out where to start or what habits to change. But with this workbook from UC Berkeley’s Greater Good Science Center, based on cutting-edge wellness research and the centre’s wildly popular “The Science of Happiness” course and podcast, readers have a new resource for finding fulfillment and meaning in their everyday experiences.

Here readers will find short, step-by-step practices that they can incorporate into their daily life—many that only take 5 or 10 minutes. They’re designed to help readers cultivate the skills and traits that decades of research show can reliably help us feel happier and more connected to others, from self-compassion to awe to empathy to purpose. Alongside those practices, readers will find other insights and tools to help them in their journey, including quizzes, tips for overcoming obstacles and stories of people around the world who have applied these lessons to their lives.

- A paperback original



8 Keys to Healing, Managing, and Preventing Burnout

Morgan Johnson, Foreword by Babette Rothschild

Empathic and implementable strategies for anyone tired of being told to “just relax”

October | £19.99 | Paperback
 ISBN 9781324053880
 152 x 229mm | 224 Pages
 4 black-and-white figures | SELF-HELP

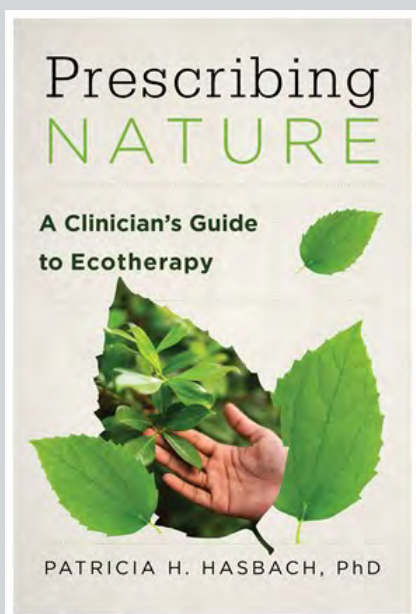
Morgan Johnson, LPC, is an author, speaker and psychotherapist based in Fort Worth, Texas. She provides counselling services primarily for individuals healing through clinical burnout. Her first book, *Rebuilding Trust*, was published in 2022.

Babette Rothschild, MSW, LCSW is an internationally recognised PTSD specialist and best-selling author of seven books translated into twenty languages, including her new offerings *Help for the Helper Updated + Expanded* and the *8 Keys to Safe Trauma Recovery Workbook*. Rothschild is also the creator and Series Editor of W. W. Norton's *8 Keys to Mental Health Series*. She currently lives in Los Angeles, California.

Burnout will not be reversed from a meditation retreat or taking up jogging. And those who find themselves at their wit's end due to exploitative systems are not to be blamed for simply “not taking care of themselves”.

This inclusive book is for anyone looking for evidence-based and clinically-informed strategies for real relief from burnout. Each of the eight keys presented here moves beyond typical self-care and stress-management techniques, inviting readers to learn experientially and to evaluate to see what works for them. The book is designed to be used differently by each unique reader, as it's written to support those who feel called to stay in a role that's burning them out; those who plan to stop or step back in the future, or those who want space to discern their options. The book concludes with guidance to leverage individual privilege, both socially and politically; to change exploitative systems and to reduce harm.

- A paperback original



Prescribing Nature

A Clinician's Guide to Ecotherapy

Patricia H. Hasbach

An invitation to bring nature to the therapy room—or to take therapy into nature

November | £23.00 | Paperback

ISBN 9781324053668

152 x 229mm | 272 Pages

2 black-and-white

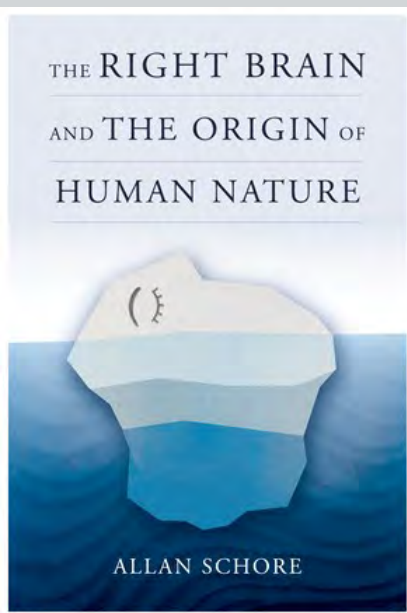
illustrations | PSYCHOLOGY

A pioneer in the practice of ecotherapy, **Patricia H. Hasbach, PhD**, is an author, consultant, college educator and licensed psychotherapist in private practice in Eugene, Oregon. She is the author of *Grounded* and coeditor of *The Rediscovery of the Wild* and *Ecopsychology*.

Traditionally, psychotherapy has occurred in office spaces and focused on issues that stop at the urban boundary. But with an increased awareness of the impacts of climate-related anxiety and trauma, and mounting evidence that direct contact with nature has powerful psychological and emotional benefits, there is a growing interest in the field of ecopsychology and the practice of ecotherapy.

Prescribing Nature is written for mental health professionals who would like to incorporate the natural world into their work with clients. Ecopsychology pioneer Patricia Hasbach highlights the theoretical foundations of ecotherapy and the research that supports the efficacy of nature-based methods. Moving therapy sessions outdoors, writing nature prescriptions for clients and bringing the outdoors into the office are discussed. The book includes specific practices that clinicians can add to their therapeutic toolbox to deepen their work and broaden the lens of therapy to include the human-nature relationship.

- A paperback original



The Right Brain and the Origin of Human Nature

Allan Schore

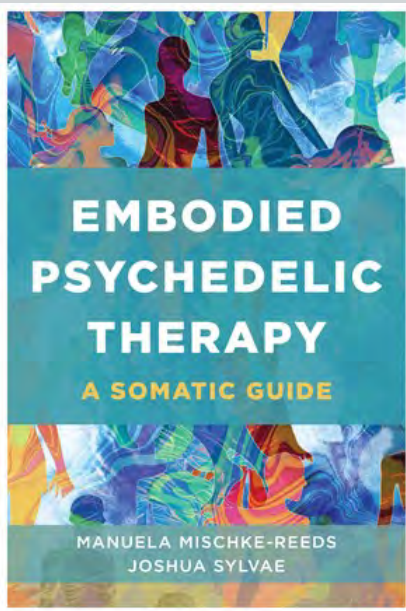
A new, cutting-edge volume of original work from a luminary in neurobiologically-informed models of mental health

November | £39.00 | Hardback
 ISBN 9781324082958
 152 x 229mm | 512 Pages
 9 colour illustrations | PSYCHOLOGY

Allan Schore, PhD, is on the clinical faculty of the Department of Psychiatry and Biobehavioural Sciences, UCLA David Geffen School of Medicine and at the UCLA Center for Culture, Brain and Development. He is also an honorary member of the American Psychoanalytic Association. He is author of three seminal volumes, *Affect Regulation and the Origin of the Self*, *Affect Dysregulation and Disorders of the Self* and *Affect Regulation and the Repair of the Self*, as well as numerous articles and chapters.

The culmination of three decades of Allan Schore's groundbreaking work, this book details how the right brain—the psychobiological locus of Freud's unconscious mind—plays a fundamental role in the early origin of human nature (the general characteristics and feelings attributed to human beings). The early developing right brain, not only grounds our bodily-based subjective experience of the world, but also allows us to make sense of it.

This volume offers interdisciplinary and clinical evidence indicating that during human infancy, right brain intersubjectivity (the emotional communication between unconscious minds) and attachment (the subliminal interactive regulation of emotion) underlie the essential foundation of the human personality. Beneath conscious awareness, the early evolving right brain implicitly generates the emotional capacity for both love and hate, ecstasy and agony, good and evil, forgiveness and revenge, creativity and destructiveness—all products of the deeper stratum of human nature.



Embodied Psychedelic Therapy

A Somatic Guide

Manuela Mischke-Reeds and Joshua Sylvae

Incorporating body-centred practices into each stage of psychedelic-assisted therapy

December | £23.00 | Paperback

ISBN 9781324053552

152 x 229mm | 320 Pages

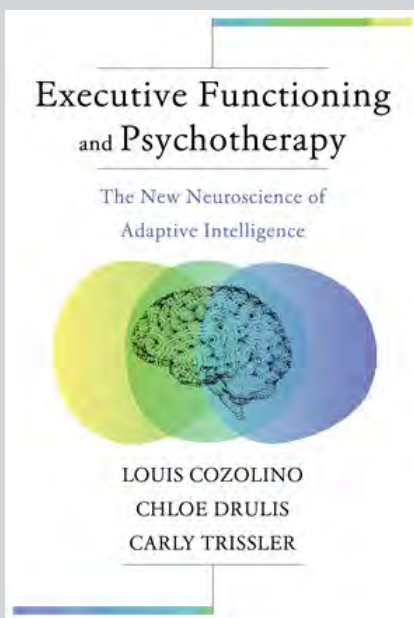
PSYCHOLOGY

Manuela Mischke—Reeds, MFT, is a somatic trauma therapist, Hakomi Core Faculty, continuum teacher and founder of embodywise.com. She lives in Northern California.

Joshua Sylvae, PhD, is a psychotherapist from Oregon City, OR. He teaches the Somatic Experiencing® professional training around the world.

Embodied Psychedelic Therapy is a guide to holding space for people taking psychedelics for personal exploration, spiritual expansion and healing. Covering preparation, the psychedelic journey itself and integration afterwards, it details how a focus on embodiment greatly benefits work with expanded states of consciousness. The book emerges from the intersection of psychedelics and somatics, weaving body-centred practices into the various stages of psychedelic work. It delves into ethics, adverse events, trauma, the use of touch and other themes relevant to psychedelic-assisted therapy, drawing on practices both ancient and modern to support healing and transformation. This text represents the best practices for maximising the potential of psychedelic-assisted therapy: how to create safer, more therapeutic experiences for those pursuing greater wellbeing and expansion.

- A paperback original



Executive Functioning and Psychotherapy

The New Neuroscience of Adaptive Intelligence

Louis Cozolino, Chloe Drulis and Carly Trissler

A new model of executive functioning which illuminates the somatic, social and emotional influences on how we make decisions

December | £30.00 | Paperback

ISBN 9781324053231

152 x 229mm | 384 Pages

16 black-and-white tables | PSYCHOLOGY

Louis Cozolino, PhD, is a professor of psychology at Pepperdine University and maintains a clinical and consulting practice in Los Angeles, California.

Chloe Drulis is an associate marriage and family therapist practising in Santa Monica and a writer specialising in interpersonal neurobiology.

Carly Trissler is a Phoenix—based writer with expertise in Interpersonal Neurobiology. She holds an MA in psychology from Pepperdine University.

Executive functioning (EF) can be defined as a person's ability to successfully navigate their physical, intellectual and social worlds. Interest in EF is expanding within psychotherapy, but like many scientific concepts which are adapted to the consulting room, there is a great deal of confusion and misinformation surrounding EF within clinical and lay communities.

In this book, Louis Cozolino—a master of translating complex neuroscientific concepts into digestible, applicable literature for therapists and laypeople alike—is joined by experts Chloe Drulis and Carly Trissler to illuminate how our brains and minds successfully navigate the challenges of day-to-day life. The book offers a new, neurodynamic model of EF that explains the three main executive systems in the brain and the specific ways that they influence how we think, focus and solve problems. This neurobiological framework highlights the interconnectedness of cognition, emotion and relationships, providing readers with a deeper understanding of how humans function and strategies to improve outcomes in therapy, parenting, executive coaching and personal development.

- A paperback original

CLIENT PUBLISHERS

NEW TITLES





The Mushroom Hunter's Kitchen

A Culinary Homage to Wild and Cultivated Mushrooms - with 120 Recipes

Chad Hyatt

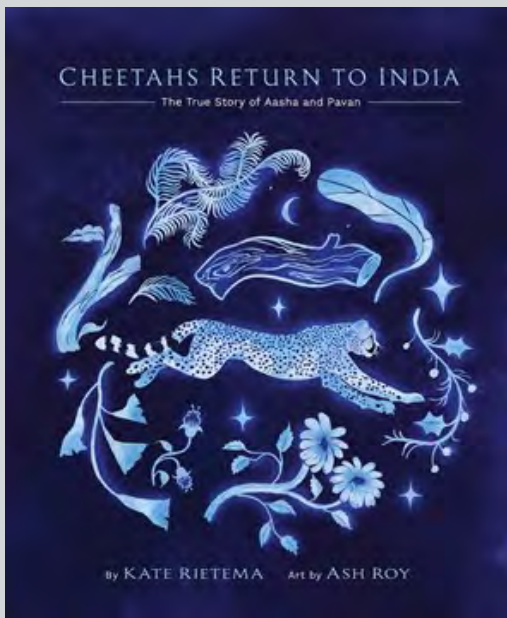
The definitive guide to cooking with wild and cultured mushrooms, with 120 recipes for everything from dinner to dessert

August | £25.00 | Hardback |
Paper over boards
ISBN 9798893030648
203 x 279mm | 288 Pages
45 colour photographs | COOKING

Chad Hyatt is an expert forager and classically trained chef who has made a name for himself in northern California and beyond, sharing his delicious spin on wild mushroom cookery. He has cooked in a variety of restaurants and private clubs around the San Francisco Bay area, where he can often be found foraging for mushrooms, putting on wild mushroom-themed dinners, teaching mushroom-related classes and attending mushroom festivals. He is passionate about cooking approachable comfort food based on local, seasonal ingredients and, of course, wild mushrooms.

Whether you're a dedicated mushroom forager or you rely on shops or markets for your fungi fill, you can make the most of your mushroom haul with *The Mushroom Hunter's Kitchen*. Chad Hyatt shares his favourite recipes, plus tips and techniques for cooking mushrooms safely, and maximising their flavour. This guide to creating incredible meals, snacks, preserves and desserts, uses the humble button mushroom, the revered morel, the common oyster mushroom, the elusive huitlacoche and everything in between.

Cooking with mushrooms doesn't have to be intimidating. If you're intrigued by a recipe but prefer to stick to the varieties you can find at your local market, recipes offer substitutions for uncommon mushrooms, so they're all within reach regardless of season or foraging experience. *The Mushroom Hunter's Kitchen* is sure to delight seasoned mushroom foragers, amateur fungi aficionados and foodies alike.



Cheetahs Return to India

The True Story of Aasha and Pavan

Kate Rietema, Illustrated by Ash Roy

A lyrical story of animal repopulation and hope in India

August | £14.99 | Hardcover

Picture Book

ISBN 9781668955192

229 x 279mm | 40 Pages

Full-colour illustrations | JUVENILE

NONFICTION

Kate Rietema is passionate about wildlife and feels a special connection with Project Cheetah through her brother who lives in Namibia, Africa—just south of the Cheetah Conservation Fund (CCF). She is a registered nurse, community educator and speaker. She also has over fifty stories and poems in publications like *Highlights Magazine*, *Cricket Media*, *The School Magazine* and many more.

Ash Roy is an illustrator with a penchant for telling stories about people, animals and whimsical creatures. From a young age, they became enchanted by the fantastical world of books and started doodling little critters in greeting cards for family and friends. They seek to create work that spreads knowledge and inspires curiosity about the world we live in. Ash works with both traditional and digital media, always looking for new ways of combining them.

Cheetahs used to roam India's grasslands and jungles but as farms expanded and cities grew, India's cheetah population dwindled to nothing. Seventy years later, hope—and cheetahs—returned to the Indian subcontinent. From a coalition of cheetahs sent from Africa, Aasha and Pavan are chosen as the first cheetahs to repopulate the land. Will they survive in their new home? Will they thrive? Will India finally see a return of their beloved cheetahs?



The Scarlet Circle

Jonathan Stagge, Introduction by Otto Penzler

A Golden Age mystery featuring a sleuthing small-town doctor who's out of his depth as a killer haunts a waning New England summer

September | £11.99 | Paperback

ISBN 9781613167137

133 x 203mm | 264 Pages

FICTION

Jonathan Stagge was one of the pen names under which Hugh Callingham Wheeler (1912–1987), Richard Wilson Webb (1901–1966), Martha Mott Kelley (1906–2005), and Mary Louise White Aswell (1902–1984) wrote detective fiction. Most of the stories were written together by Webb and Wheeler, or by Wheeler alone. Their best-known creation is amateur sleuth Peter Duluth. In 1963, the story collection *The Ordeal of Mrs. Snow* was given a Special Edgar Award by the Mystery Writers of America.

Otto Penzler, the creator of American Mystery Classics, is also the founder of The Mysterious Press (1975), an electronic-book publishing company, and New York City's Mysterious Bookshop (1979). He has won a Raven, the Ellery Queen Award, two Edgars (for the *Encyclopedia of Mystery and Detection*, 1977 and *The Lineup*, 2010), and lifetime achievement awards from NoirCon and *The Strand Magazine*. He has edited more than 70 anthologies and written extensively about mystery fiction.

On holiday on the New England coast, Hugh Westlake is enjoying the sun, the sea and the fishing. It being September, the inn where he's staying is almost empty. The peace is shattered when a woman's body is found strangled on the beach, with a red circle drawn around a mole on her face. The morbid scene becomes more so when she's identified as the governess of a family staying at the inn. Hugh gets drafted by local police to help with the investigation. He uncovers dysfunctional parents, a creepy mortician, a handsome lifeguard and a woman painter—all with secrets to hide. Not to mention local legends. When another woman is murdered, with a mole circled, Hugh realises he must tie up the loose ends of crimes past and present to net a most diabolical killer.

- A UK paperback original
- American Mystery Classics



Golden Age Christmas Mysteries

Otto Penzler

Edgar Award-winning anthologist Otto Penzler selects Christmas-themed mysteries from the American authors active during the genre's Golden Age

October | £13.99 | Paperback

ISBN 9781613167021

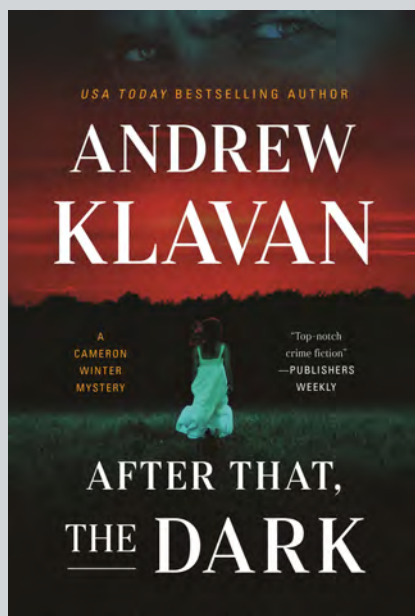
133 x 203mm | 288 Pages

FICTION

Otto Penzler, the creator of American Mystery Classics, is also the founder of The Mysterious Press (1975), an electronic-book publishing company, and New York City's Mysterious Bookshop (1979). He has won a Raven, the Ellery Queen Award, two Edgars (for the *Encyclopedia of Mystery and Detection*, 1977, and *The Lineup*, 2010) and lifetime achievement awards from NoirCon and *The Strand Magazine*. He has edited more than 70 anthologies and written extensively about mystery fiction.

Christmas has served as a fertile background for mystery fiction for a long time, perhaps because it has the appearance of a time of peace and love while being so deeply at odds with violence, crime and even murder. Many of the stories in this anthology have been written by some of the greatest Golden Age authors, undoubtedly inspired by the juxtaposition of the disparate elements of love and hate. The range of subjects and styles may be surprising, ranging from truly chilling to heart-warming to hilarious to puzzling. This is no accident, since genuinely talented authors have their own voices and, like snowflakes, no two are alike. *Golden Age Christmas Mysteries* is the perfect gift for the season, to be read on a cold, snowy night, in a comfortable chair near a blazing fire.

- A UK paperback original
- American Mystery Classics



After That, the Dark

Andrew Klavan

In this newest entry in Andrew Klavan's *USA Today* bestselling Cameron Winter series, the ex-spy turned English professor finds love—and murder

October | £21.00 | Hardback

ISBN 9781613166864

152 x 229mm | 312 Pages

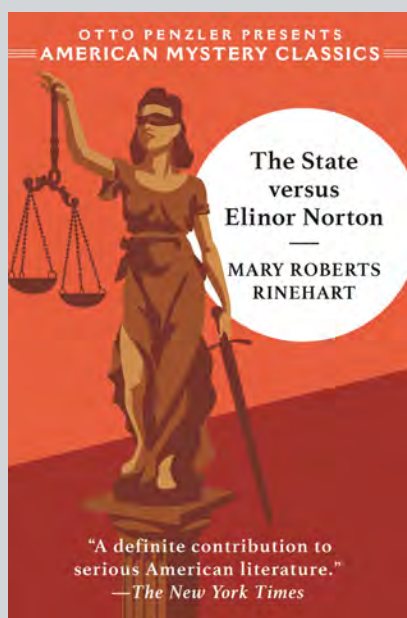
FICTION

Andrew Klavan is the author of such internationally bestselling crime novels as *True Crime* (filmed by Clint Eastwood), *Don't Say A Word* (starring Michael Douglas), *Empire of Lies* and *Werewolf Cop*. He has been nominated for the Mystery Writers of America's Edgar Award five times and has won twice.

After working up the courage to contact Gwendolyn Lord, Cameron Winter finds himself immersed in a heaven-sent passion. When Gwendolyn tells him about a true-life “locked room mystery”, Winter is compelled to investigate.

In Tulsa, Oklahoma, Owen McKay suddenly went mad and killed his wife and child. Locked in a cell and monitored on video, he was discovered dead from a projectile fired into his head. Then, another mysterious death, just like McKay's, takes place in Connecticut and both murders seem linked to a sinister billionaire who once clashed with Winter's old mentor, the Recruiter.

Winter's past and present are coming together in a dangerous conspiracy. And though Winter desperately wants to escape his career as an assassin, his love for Gwendolyn is deepening quickly and he will do anything—and kill anyone—to protect her.



The State versus Elinor Norton

Mary Roberts Rinehart, Introduction by Otto Penzler

On trial for murder, a young bride recalls the steps that led her to the dock

December | £8.99 | Paperback

ISBN 9781613167052

133 x 203mm | 360 Pages

FICTION

Mary Roberts Rinehart (1876-1958) was the most beloved and best-selling mystery writer in America in the first half of the twentieth century. Her first two novels, *The Circular Staircase* (1908) and *The Man in Lower Ten* (1909), established her as a bright young talent, and it wasn't long before she was a regular on bestseller lists. Among her dozens of novels were *The Amazing Adventures of Letitia Carberry* (1911) and *The Bat* (1932), which was among the inspirations for Bob Kane's *Batman*. Today, Rinehart is often called an American Agatha Christie.

Otto Penzler, the creator of American Mystery Classics, is also the founder of The Mysterious Press (1975), an electronic-book publishing company, and New York City's Mysterious Bookshop (1979). He has won a Raven, the Ellery Queen Award, two Edgars (for the *Encyclopedia of Mystery and Detection*, 1977, and *The Lineup*, 2010) and lifetime achievement awards from NoirCon and *The Strand Magazine*. He has edited more than 70 anthologies and written extensively about mystery fiction.

The state has accused beautiful young Elinor Norton of murder and she refuses to mount a defence.

Guilt is written all over her elegant features but her childhood best friend cannot believe it when Elinor confesses to the crime. Forced into a dull marriage against her will, Elinor is adjusting to life with Lloyd when she meets the man who will tear her world apart. Blair Leighton is her husband's best friend and was his companion in the war, and he has a charm that makes Elinor quiver from the inside out. At first, her husband is oblivious to this illicit attraction but when the two men go into business together, the tension threatens to rip the triangle apart. Soon, Elinor is forced to make a chilling decision.

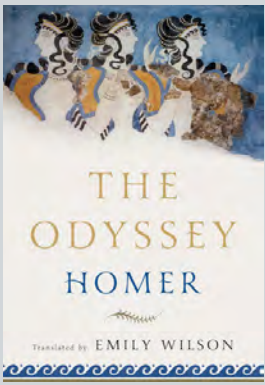
One of these men must die—but which?

"*The State versus Elinor Norton* is, in short, much more than an entertaining narrative. It is a definite contribution to serious American literature." — *The New York Times*

- A UK paperback original
- American Mystery Classics

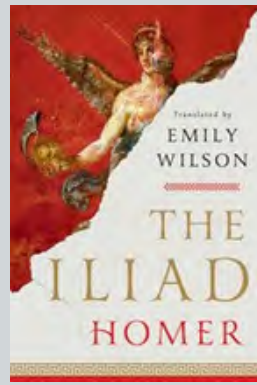
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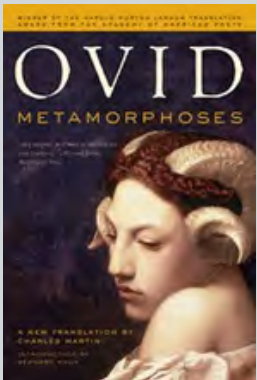
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Norton
ISBN 9780393356250



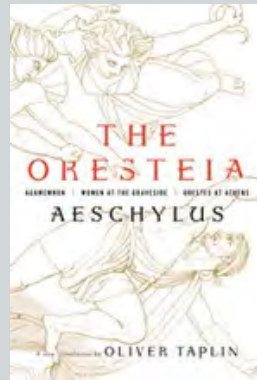
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ISBN 9781324076148



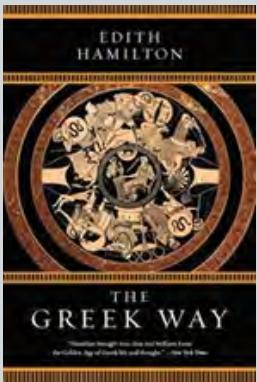
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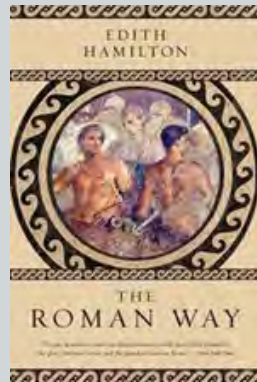
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Liveright
ISBN 9781631494666



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Edith Hamilton

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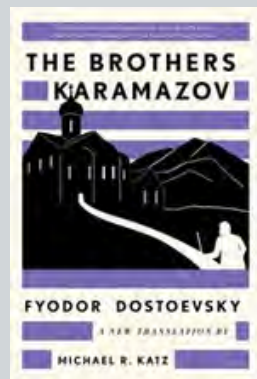
The Roman Way
Edith Hamilton

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The Metamorphosis
Franz Kafka, Translated by Susan Bernofsky, Introduction by David Cronenberg

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ISBN 9780393347098

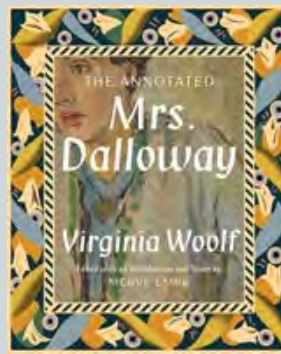


The Brothers Karamazov
Fyodor Dostoevsky, Translated by Michael R. Katz

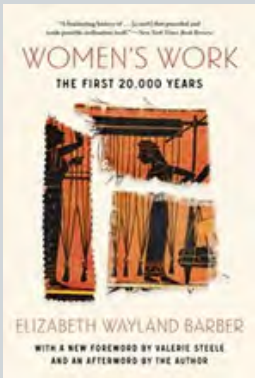
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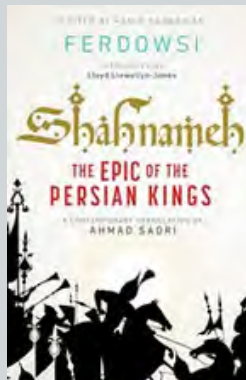
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Elizabeth Wayland Barber
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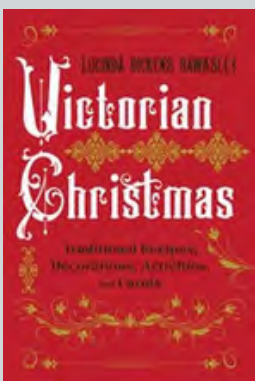
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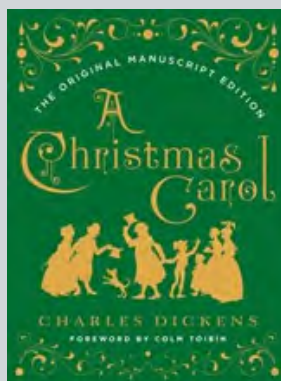
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Keach Hagey
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Lucinda Dickens Hawksley
October 2024
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ISBN 9781682688632



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Charles Dickens, Foreword by Colm Tóibín
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